



YOUR BENEFITS.  
YOUR CHOICES.  
YOUR HEALTH.

January 1, 2026 -  
December 31, 2026

2026  
BENEFITS GUIDE

# WELCOME



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## Introduction

The City of North Miami recognizes that benefits are a significant part of your total compensation. Our competitive benefits package ensures valuable coverage for both employees and their dependents .

Cigna will continue to be our provider for medical, dental and vision coverage in 2026. Through Cigna, our employees and their dependents will continue to have a robust benefits package with a wide variety of affordable options.

Additionally, you and your family can select from the voluntary benefits underwritten by Aflac. Available options include Accident, Hospital & Cancer Indemnity, and Critical Care & Recovery plans.

## Eligibility & Enrollment

All active full-time employees working at least 30 hours per week are eligible for benefits the first of the month following their date of full-time employment.

Your eligible dependents may also participate in the medical, dental, vision, voluntary life and Aflac plans if you are also enrolled.

An eligible dependent is considered to be:

- Your legally married spouse
- Domestic Partner
- Your child(ren) including:
  - A natural child
  - A stepchild
  - A legally adopted child or a child legally placed in the employee's home for the purpose of adoption,
  - A foster child or child whom you or your spouse are the legal guardian, or
  - a child of your Domestic Partner, or
  - a child for whom the employee is required to provide health benefits pursuant to the Qualified Medical Child Support Order.
- Dependent children are covered until the end of the calendar year they turn 26. For medical plans, extended coverage to the end of the calendar year in which the dependent reaches age 30 may be available if the dependent meets all of the following requirements:
  - Is unmarried and does not have dependent of his or her own, and
  - Is a resident of the State of Florida or a student, and
  - Does not have coverage as a named subscriber, insured, enrollee or covered person under any other group or individual policy or is not entitled to benefits under Title XVIII of the Social Security Act.

**PLEASE NOTE: Verification may be requested when adding a dependent, spouse or domestic partner.**



## BENEFIT ELECTIONS

### Changing Your Benefit Elections (HIPAA Special Enrollment)

Premiums are deducted from your paycheck on a pre-tax basis which means federal law limits your ability to change elections. Outside of open enrollment, changes are only allowed if there is a “Qualifying Event”. Changes must be consistent with the event.

Examples of Qualifying Events include:

- Change in your legal marital status
- Birth, adoption or placement for adoption of a child
- Death of a covered dependent
- Judgment, Decree or Court Order to provide coverage
- Dependent satisfies/ ceases to eligibility requirements
- Qualifying for Medicare or Medicaid
- Change in spouse’s employment status
- Loss or gain of eligibility for group insurance coverage for you or a covered dependent (coverage cannot be a student or individual policy)

If you experience a Qualifying Event and want to change your elections, you must notify Human Resources and provide documentation within 30 days.

For example, if you marry on June 1st, you may add your new spouse to your health care plan by submitting a new enrollment and marriage license by June 30th.

**NOTE:** If you do not make changes within 30 days of the “Qualifying Event,” you must wait until the following Open Enrollment period to make changes.

### CIGNA ID CARDS

**NOTE: ID cards can be accessed virtually through the myCigna App. Cigna no longer mails ID Cards unless you reach out and request one. You can request one online through the Cigna portal or reach out to Cigna’s customer service department..**

# CONTACT INFORMATION



## CITY OF NORTH MIAMI CONTACTS

### Human Resources Department

Phone: 305.895.9866

hr@northmiamifl.gov

776 NE 125th St

1st Floor

North Miami, FL 33161



CARRIER	PHONE #	WEBSITE
<b>Cigna</b>		
<b>Customer Service</b>		
Medical - Policy #00651879	<b>888.806.5094</b>	<a href="http://www.Cigna.com">www.Cigna.com</a>
Dental - Policy #0651879	<b>888.806.5094</b>	<a href="http://www.Cigna.com">www.Cigna.com</a>
Vision - Policy #0651879	<b>888.806.5094</b>	<a href="http://www.Cigna.com">www.Cigna.com</a>
<b>MDLive</b>		
<b>Customer Service</b>	<b>888.726.3171</b>	<a href="http://www.mdliveforgigna.com">www.mdliveforgigna.com</a>
<b>Mutual of Omaha</b>		
Basic Life or Voluntary Life	<b>800.775.8805</b>	
Disability	<b>800.877.5176</b>	<a href="http://www.mutualofomaha.com">www.mutualofomaha.com</a>
<b>Legal Shield</b>		
<b>Customer Service</b>	<b>800.654.7757</b>	
Mitch Summer	<b>954.562.2823</b>	<a href="http://www.legalshield.com">www.legalshield.com</a>
<b>HealthEquity/WageWorks</b>		
<b>Customer Service</b>	<b>866.735.8195</b>	<a href="http://www.healthequity.com/learn">www.healthequity.com/learn</a>
<b>MissionSquare</b>		
Retirement Specialist	<b>Off: 202.759.7096</b>	<a href="http://www.missionsq.org">www.missionsq.org</a>
Augusto Gaymer	<b>Cell: 866.886.8026</b>	Email: <a href="mailto:agaymer@missionsq.org">agaymer@missionsq.org</a>
<b>eFax: 866.573.5771</b>		
<b>Corebridge Financial</b>		
<b>Retirement Specialist</b>	<b>Off: 305.817.2250</b>	<a href="http://www.corebridgefinancial.com/retire">www.corebridgefinancial.com/retire</a>
Georgea Tingas	<b>Cell: 786.510.1794</b>	<a href="mailto:Georgea.tingas@corebridgefinancial.com">Georgea.tingas@corebridgefinancial.com</a>
<b>Fax: 786.805.4366</b>		
<b>Aflac Supplemental Insurance</b>		
<b>Customer Service</b>	<b>866-870-5093</b>	<a href="mailto:service@lwarner.com">service@lwarner.com</a>
<b>Nationwide Pet Insurance</b>		
<b>Customer Service</b>	<b>877.738.7874</b>	<a href="http://www.petinsurance.com/northmiamifl">www.petinsurance.com/northmiamifl</a>
<b>WellCents Financial Advisors</b>		
Senior Specialist	<b>Off: 407.815.5619</b>	
Dianna Tucciarone	<b>Fax: 407.740.6113</b>	<a href="mailto:Dianna.tucciarone@nfp.com">Dianna.tucciarone@nfp.com</a>
<b>Corporate Synergies Group</b>		
<b>BenefitsVIP</b>	<b>866.293.9736</b>	<a href="mailto:Solutions@benefitsvip.com">Solutions@benefitsvip.com</a>



## ADVOCACY

# BenefitsVIP®

*Help starts here.*

### HELP STARTS HERE

BenefitsVIP is a one-stop contact center staffed by seasoned professionals. This dedicated team of employee advocates is ready to help you and your family members resolve your benefits issues. All contact with BenefitsVIP is completely confidential.

**866.293.9736**

Monday—Friday

8:30am—8:00pm (ET)

Fax: 856.996.2775

[solutions@benefitsvip.com](mailto:solutions@benefitsvip.com)

### QUESTIONS ANSWERED HERE

Your dedicated BenefitsVIP advocates understand your benefit plans and are able to answer questions, and quickly resolve claim and eligibility issues. Most inquiries are resolved the same day and all calls adhere to privacy best practices.

## BenefitsVIP® Mobile

Powered by *Rightway*

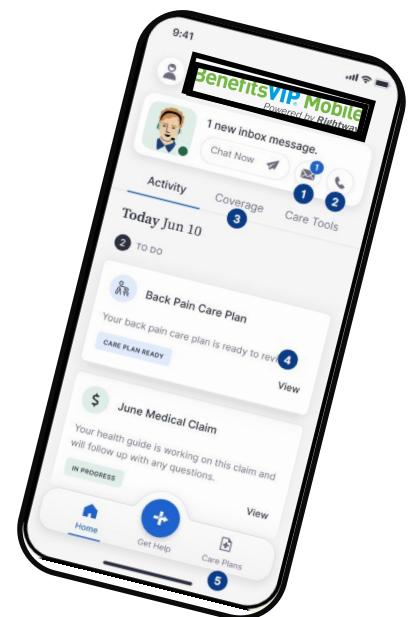


### BenefitsVIP Mobile Links You with Your Benefits Plans and Advocate Support

Powered by Rightway, BenefitsVIP Mobile gives you direct access to your dedicated BenefitsVIP advocacy team and the tools and resources to help you better utilize your benefits.

BenefitsVIP Mobile's features include:

- **Contact BenefitsVIP:** One-click connection with your dedicated BenefitsVIP team.
- **Insurance Coverage:** View a simple breakdown of your benefits, including out-of-pocket costs.
- **Provider Search:** Find a list of the best in-network providers & facilities.
- **Appointment Scheduler:** Book appointments with high-quality doctors.
- **Review or Dispute a Bill:** Get a medical bill explained or a claim issue resolved.
- **Price Tools:** Understand what a service or procedure will cost.
- **Benefits Navigation:** Connect with employer-sponsored benefits and access your benefits guide.



# CIGNA ONE GUIDE & ID CARDS

## CIGNA ID CARDS

**NOTE: Cigna will not be providing new ID Cards. ID cards can be accessed virtually through the myCigna App.**

If you would like a new physical ID Card, you can request one through your Cigna One Guide representative.

## ACCESS CIGNA ONE GUIDE—AFTER ENROLLMENT—IN THE WAY THAT'S MOST CONVENIENT FOR YOU:

myCigna.com or the  
myCigna app



Live Chat



Phone



## CIGNA ONE GUIDE

Whether it's choosing a plan, finding a provider, or exploring ways to improve your health, Cigna One Guide is here to help.

We understand how confusing and overwhelming it can be to review your health plan options. And we want to help by providing the resources you need to make a decision with confidence. That's why **Cigna One Guide service is available to you now.**

Call a Cigna One Guide representative during open enrollment to get personalized, useful guidance.

Your personal guide will help you:

- Easily understand the basics of health coverage
- Identify the types of health plans available to you
- Check if your doctors are in-network to help you avoid unnecessary costs
- Get answers to any other questions you may have about the plans or provider networks available to you

The best part is, during open enrollment, your personal guide is just a call away.

**Don't wait until the last minute to enroll.**

Call **888.806.5094** to speak with a Cigna One Guide representative today.

**After enrollment, the support continues for Cigna customers.**

Cigna One Guide service will be there to guide you through the complexities of the health care system, and help you avoid costly missteps. Our goal is a simpler health care journey for you and your family.

Cigna One Guide service provides personalized assistance to help you:

- Resolve health care issues
- Save time and money
- Get the most out of your plan
- Find hospitals and health care providers in your plan's network
- Get cost estimates and avoid surprise expenses
- Understand your bills





## MEDICAL

### PROVIDER TIERS—CIGNA CARE DESIGNATION

This year, City of North Miami will continue to offer a tiered provider program. Cigna has identified those doctors and facilities who are providing quality, cost-effective care. Just look for Tier 1 Providers in Cigna's online directories.

#### What is a Tier 1 Provider?

Every year Cigna Healthcare evaluates provider performance in certain primary care and medical specialties. Providers with top results in delivering quality, cost-efficient care become Tier 1.

**Under your plan, every time you use a Tier 1 in-network provider, you will have a lower coinsurance or copay.**

	Cost
Tier I Provider	\$
In-network provider	\$\$
Out-of-network provider	\$\$\$

#### How do I find a Tier 1 Provider?

Whenever you use the online directory to find a provider through the web or the **myCigna App**, you'll be able to review their quality information and cost-efficiency ratings, and easily see who is a Tier 1 provider. This can help you make a decision based on what's important to you. Here's what to look for on **myCigna**.

Sort: Best Match ▾   Results for: Sarah ▾   More Options (2) ▾

We found 4 Brighter Match Providers for Sarah [What is Brighter Match?](#)

**Marissa L. Cooper, MD** 1.9 mi |

Medical Center Drive Springfield, MA 01107 | (413) 223-2211 | Accepting New Patients

Specialties (3): Family Medicine, Pediatrics...[see all](#)

 **Patient Satisfaction**  
**97%** Recommendation Rate  
30 Reviews

Professional Experience: 15 years in practice  
Cost Efficiency Rating Cigna Care Designation  
**Tier 1 Provider** [Learn more](#)

**BrighterMatch** Patient Insights: 95 Cigna Patients | 55% are female | 29% in their 40's (above average)  
#1 of 4 Review Highlights: ✓ Good bedside manner ✓ Highly professional ✓ Friendly staff

For illustrative purposes only.

**DOWNLOAD THE MYCIGNA APP FOR YOUR MOBILE DEVICE.**



**DON'T FORGET! MYCIGNA APP USERS LOG IN WITH JUST ONE TOUCH!**

When you download the myCigna App you can access your account with just a fingerprint on any compatible device.

# MEDICAL

## HOW TO FIND A PROVIDER

Follow the steps below to locate a participating medical provider:

**STEP 1:** Go to [www.Cigna.com](http://www.Cigna.com)

**STEP 2:** Click on "Find a doctor"

**STEP 3:** If you are already a member log in; if not, under "How are you covered" select "Employer or School"

**STEP 4:** Enter search by location, doctor type, name or health facility "and click "Search"

**STEP 5:** Under "Cigna Open Access Plans" select "Elect Choice EPO (Open Access)".



## BUY-UP PLAN

## OPEN ACCESS ELECT CHOICE \$500 EPO

BENEFIT	IN-NETWORK ONLY
<b>Annual Deductible (Calendar Year)</b>	<b>Individual: \$500 Family: \$1,000</b>
<b>Out-of-Pocket Maximum</b>	<b>Individual: \$5,000 Family: \$10,000</b>
<b>Member Co-Insurance</b>	<b>20%</b>
<b>Preventive Care</b> Adult Preventive Care, Adult Annual Physical Exam or Well-Child Care	<b>No Charge</b>
<b>Outpatient Care</b> Primary Care Physician office visits Specialist office visits Outpatient facility surgery Outpatient surgery physician / surgeon fees Telehealth / Virtual Visits	<b>\$15 Copay—Tier 1 / \$25 Copay—Tier 2 \$35 Copay—Tier 1 / \$45 Copay—Tier 2 Deductible, then 20% Deductible, then 20% PCP: \$15 Copay   Spec: \$35 Copay</b>
<b>Inpatient Hospitalization</b> Facility	<b>\$750 Copay / Admission</b>
<b>Emergency Care</b> Ambulance (when medically necessary) Hospital Emergency Room Urgent Care	<b>Deductible \$350 Copay (waived if admitted) \$50 Copay</b>
<b>Independent Outpatient Lab &amp; X-Ray</b> Blood Work & X-Rays Advanced Imaging (MRI, CT/PET Scans)	<b>No Charge \$200 Copay</b>
<b>Mental Health</b> Inpatient (Physician / Facility) Outpatient office visits	<b>\$750 Copay / Admission \$35 Copay</b>
<b>Prescription Drugs</b> <b>Retail Pharmacy</b> (30 day supply) Tier 1 / Tier 2 / Tier 3 <b>Mail Order</b> (90 day supply) Tier 1 / Tier 2 / Tier 3 <b>Specialty Drugs</b> Preferred Specialty/Non-Preferred Specialty	<b>\$0 / \$50 / \$90 \$0 / \$100 / \$180 20% (\$150 Maximum)</b>
<b>Weekly Contributions</b> Employee Only Employee + Spouse Employee + Children Employee + Family	<b>\$10.00 \$141.11 \$114.16 \$281.04</b>

The above information is intended as a benefit summary only. It does not include all of the benefit provisions, limitations and qualifications. If this conflicts in any way with the contract, the contract will prevail.



## MEDICAL

### MID PLAN

### OPEN ACCESS ELECT CHOICE \$2500 EPO

BENEFIT	IN-NETWORK ONLY
<b>Annual Deductible</b> (Calendar Year)	<b>Individual: \$2,500 Family: \$5,000</b>
<b>Out-of-Pocket Maximum</b>	<b>Individual: \$6,000 Family: \$12,000</b>
<b>Member Co-Insurance</b>	10%
<b>Preventive Care</b> Adult Preventive Care, Adult Annual Physical Exam or Well-Child Care	No Charge
<b>Outpatient Care</b> Primary Care Physician office visits Specialist office visits Outpatient facility surgery Outpatient surgery physician / surgeon fees Telehealth / Virtual Visits	\$20 Copay—Tier 1 / \$30 Copay—Tier 2 \$40 Copay—Tier 1 / \$50 Copay—Tier 2 Deductible, then 10% Deductible, then 20% <b>PCP: \$20 Copay   Spec: \$40 Copay</b>
<b>Inpatient Hospitalization</b> Facility Physician / Surgeon	Deductible, then 10% Deductible, then 20%
<b>Emergency Care</b> Ambulance (when medically necessary) Hospital Emergency Room Urgent Care	Deductible, then 10% \$350 Copay (waived if admitted) \$75 Copay
<b>Independent Outpatient Lab &amp; X-Ray</b> Blood Work & X-Rays Advanced Imaging (MRI, CT/PET Scans)	No Charge \$300 Copay
<b>Mental Health</b> Inpatient (Physician / Facility) Outpatient office visits	Deductible, then 10% \$40 Copay
<b>Prescription Drugs</b> <b>Retail Pharmacy</b> (30 day supply) Tier 1 / Tier 2 / Tier 3 <b>Mail Order</b> (90 day supply) Tier 1 / Tier 2 / Tier 3 <b>Specialty Drugs</b> Preferred Specialty/Non-Preferred Specialty	\$0 / \$50 / \$90 \$0 / \$100 / \$180 20% (\$150 Maximum)
<b>Weekly Contributions</b> Employee Only Employee + Spouse Employee + Children Employee + Family	\$5.00 \$129.39 \$103.61 \$264.77

The above information is intended as a benefit summary only. It does not include all of the benefit provisions, limitations and qualifications. If this conflicts in any way with the contract, the contract will prevail.

### ONEGUIDE

The aim of OneGuide and the “personal guides” are to create stronger consumers—through an improved concierge-like service model that prevents any customer from having to do “homework”. We want out customers educated - healthcare is a big, complicated world. This puts Cigna experts in each of our customers pockets every single day, but this is more than the click-to-chat feature. OneGuide will immediately lower claims through:

- Proactive network steerage
- Specific strategies to lower claim costs
- Steerage to the best pharmacy options available



## HOW TO FIND A PROVIDER

Follow the steps below to locate a participating medical provider:

**STEP 1:** Go to [www.Cigna.com](http://www.Cigna.com)

**STEP 2:** Click on "Find a doctor"

**STEP 3:** If you are already a member log in; if not, under How are you covered select "Employer or School"

**STEP 4:** Enter search by location, doctor type, name or health facility "and click "Search"

**STEP 5:** Under "Cigna Open Access Plans" select "Elect Choice EPO (Open Access)".

BASE PLAN		OPEN ACCESS ELECT CHOICE \$4000 EPO
BENEFIT	IN-NETWORK ONLY	
<b>Annual Deductible</b> (Calendar Year)	<b>Individual:</b> \$4,000 <b>Family:</b> \$8,000	
<b>Out-of-Pocket Maximum</b>	<b>Individual:</b> \$8,000 <b>Family:</b> \$16,000	
<b>Member Co-Insurance</b>	30%	
<b>Preventive Care</b> Adult Preventive Care, Adult Annual Physical Exam or Well-Child Care	No Charge	
<b>Outpatient Care</b> Primary Care Physician office visits Specialist office visits Outpatient facility surgery Outpatient surgery physician / surgeon fees Telehealth / Virtual Visits	\$20 Copay—Tier 1 / \$30 Copay—Tier 2 \$40 Copay—Tier 1 / \$50 Copay—Tier 2 Deductible, then 30% Deductible, then 40% <b>PCP:</b> \$20 Copay   <b>Spec:</b> \$40 Copay	
<b>Inpatient Hospitalization</b> Facility Physician / Surgeon	Deductible, then 30% Deductible, then 40%	
<b>Emergency Care</b> Ambulance (when medically necessary) Hospital Emergency Room Urgent Care	Deductible, then 30% \$350 Copay (waived if admitted) \$75 Copay	
<b>Independent Outpatient Lab &amp; X-Ray</b> Blood Work & X-Rays Advanced Imaging (MRI, CT/PET Scans)	No Charge Deductible, then 30%	
<b>Mental Health</b> Inpatient (Physician / Facility) Outpatient office visits	Deductible, then 30% \$40 Copay	
<b>Prescription Drugs</b> <b>Retail Pharmacy</b> (30 day supply) Tier 1 / Tier 2 / Tier 3	\$0 / \$50 / \$90	
<b>Mail Order</b> (90 day supply) Tier 1 / Tier 2 / Tier 3	\$0 / \$100 / \$180	
<b>Specialty Drugs</b> Preferred Specialty/Non-Preferred Specialty	20% (\$150 Maximum)	
<b>Weekly Contributions</b> Employee Only Employee + Spouse Employee + Children Employee + Family	\$0.00 \$105.84 \$82.39 \$226.89	

The above information is intended as a benefit summary only. It does not include all of the benefit provisions



## PHARMACY

### PHARMACY OPTIONS

If you take prescription medication, you can save money by becoming an informed consumer and using the same buying techniques that you use when shopping for other goods and services.

Ways to save on your prescription drugs include:

- Generic medications
- Price comparison
- Drug substitution
- Discount prescription cards
- Over the counter drug substitutes
- Pharmaceutical company assistance programs

Local Pharmacies often offer free antibiotics and low priced medications.

Inquire at your local CVS, Walgreens, Publix, Target and Walmart pharmacies as to what discount programs are available.



### GOODRX.COM

Drug prices vary greatly between pharmacies. GoodRx finds the lowest prices and discounts by:

- Collecting and comparing prices for every FDA-approved prescription drug at more than 70,000 U.S. pharmacies
- Finding coupons to use at the pharmacy
- Showing the lowest price at each pharmacy near you

GoodRx will send you a drug savings card that can be used for discounts of up to 80% on most prescription drugs at virtually every U.S. pharmacy. The GoodRx mobile app allows you to get prescription drug prices on-the-go with coupons built into the app. Show your smartphone to the pharmacist to save.

Use GoodRx to save on pet medications too. We love our pets, but they can be expensive. GoodRx brings together prices from major online pet medication retailers, local pharmacies and other resources to find you the lowest prices on all of your pet medications.

Visit [GoodRx.com](http://GoodRx.com) to learn the terms of their current program.

## MOBILE APP

### ATTAIN<sup>SM</sup> BY CIGNA

Download the Attain by Cigna app: a first of its kind experience.

The Attain app combines your health history and Apple Watch activity to offer personalized goals.



### HELPING YOU TAKE CHARGE.

Stay healthy. Keep track of your benefits. Stay on top of it all with two easy-to-use tools — the Cigna Health app and your Cigna® member website.

Set up your account today to manage your benefits and more.

#### AT HOME

Visit your member website at [Cigna.com](http://Cigna.com)  
To create an account and log in.

#### MANAGE BENEFITS

- View your health plan summary
- Track spending and deductibles
- Access your ID card whenever
- View claims details and pay your claims

#### ON THE GO

Get the Cigna Health app by texting  
“CIGNA” to 90156 for a link to download the  
app.

#### CONNECT TO CARE

- Search for facilities, procedures and medications
  - Find in-network providers
  - Estimate and compare costs.





## MDLIVE®

### MDlive® Virtual Visits

**With Virtual Visits, it's easy to video chat with a doctor 24/7—whenever, wherever.**

MD live gives you 24/7 access to board-certified doctors by phone, video or mobile app.

Talk to a doctor in minutes and get a diagnosis, treatment and prescription (if needed), for non-emergency medical needs.

#### Quality care when and where you need it.

Use a Virtual Visit for everyday medical conditions:

- Allergies
- Bronchitis
- Eye infections
- Flu
- Headaches/migraines
- Rashes
- Sore throats
- Stomachaches
- And more

#### How to access

By phone: **888.726.3171**

By video: [www.mdliveforcigna.com](http://www.mdliveforcigna.com)

By mobile app: download the **Cigna Health** or **MD live app** to get started

## VIRTUAL VISITS

### VIRTUAL VISITS MAY SAVE YOU TIME AND MONEY.

On-demand within minutes (Avg. wait 10 – 15 mins.; guaranteed within 1 hour or consult is **FREE** of charge).

Also by appointment.



# WHERE TO GO FOR CARE



	Non-emergency Care from anywhere	Non-emergency In-person care	Non-emergency In-person care	Urgent In-person care	Emergency In-person care
	<b>MDLive</b>	<b>Primary Care Physician (PCP)</b>	<b>MinuteClinic®</b>	<b>Urgent Care Center</b>	<b>Emergency Room</b>
<b>Care Options</b>	MD Live gives you 24/7 access to board-certified doctors by phone, video or mobile app. Talk to a doctor in minutes and get a diagnosis, treatment, and prescription (when needed), for non-emergency medical needs	Your PCP is the best option for in-person, non-emergency care. To find in-network PCPs near you, log in to your member website.	MinuteClinic offers convenient care 7 days a week from certified nurse practitioners and physician assistants at select CVS Pharmacy® and Target stores nationwide.	Urgent care centers provide quick care for serious, but not life-threatening, situations. Many urgent care centers offer imaging, X-ray and lab services.	The emergency room (ER) is for emergencies that can permanently impair or endanger your life. Using the ER for non-life-threatening issues can be very costly and probably means a very long wait time.
<b>When to use</b>	<ul style="list-style-type: none"> <li>•Allergies</li> <li>•Flu</li> <li>•Bronchitis</li> <li>•Sinus infection</li> <li>•Food poisoning</li> <li>•Rash</li> <li>•Poison ivy/oak</li> <li>•Sunburn</li> <li>•Sore throat</li> <li>•Headache/migraine</li> <li>•Eye infection and more</li> </ul>	<ul style="list-style-type: none"> <li>•Physicals (wellness, screening)</li> <li>•Vaccinations &amp; injections</li> <li>•Chronic condition management (heart disease, diabetes, arthritis, etc.)</li> <li>•Acute care (sinus infections and injuries)</li> <li>•Urgent care may be available by appointment</li> </ul>	<ul style="list-style-type: none"> <li>•Minor illnesses &amp; injuries</li> <li>•Screenings &amp; monitoring</li> <li>•Skin conditions</li> <li>•Vaccinations &amp; injections</li> <li>•Wellness &amp; physicals</li> <li>•Women's services</li> <li>•Travel health</li> <li>•Visit minuteclinic.com to confirm services available at your location</li> </ul>	<ul style="list-style-type: none"> <li>•Back/neck pain</li> <li>•Cuts that require stitches</li> <li>•Minor burns</li> <li>•Flu</li> <li>•Sprains</li> <li>•Fractures</li> <li>•Bronchitis</li> <li>•Headaches and more</li> </ul>	<ul style="list-style-type: none"> <li>•Chest pain</li> <li>•Severe abdominal pain</li> <li>•Trouble breathing</li> <li>•Uncontrollable bleeding</li> <li>•Symptoms that may put your life at risk</li> </ul>
<b>Availability</b>	24 hours a day 7 days a week 365 days a year	Weekdays during business hours ( <i>May be open extended hours and/or Saturdays</i> )	7 days a week ( <i>including evenings and weekends</i> )	Many open 7 days a week with extended hours	24 hours a day 7 days a week 365 days a year
<b>How to access</b>	By phone: <b>1-888-726-3171</b> By video: <b>mdliveforcigna.com</b> By mobile app: download the <b>Cigna Health</b> or <b>MDLIVE</b> app to get started	By appointment only	At select CVS Pharmacy and Target stores Schedule an appointment at <b>minuteclinic.com</b> or through the CVS Pharmacy app	Walk in	Walk in
<b>Average wait time</b>	On-demand within minutes ( <i>Avg. wait 10 – 15 mins.; guaranteed within 1 hour or consult is FREE of charge</i> ) Also by appointment	Average wait time of 22 minutes upon arrival	Make an appointment at minuteclinic.com	15 – 45 minutes typically	2 – 4 hours for non-emergency care typically
<b>Average cost to you</b>	<p><b>\$</b></p> <ul style="list-style-type: none"> <li>•Total cost is \$45 or less.</li> <li>•Pay at the time of your consult.</li> <li>•No balance is ever billed to you.</li> </ul>	<p><b>\$\$</b></p> <ul style="list-style-type: none"> <li>•Pay your copay at appointment, if applicable.</li> <li>•Pay your estimated patient responsibility at time of visit, if applicable.</li> <li>•You may be billed for any balance.</li> </ul>	<p><b>\$</b></p> <ul style="list-style-type: none"> <li>•No-cost or low-cost access to all covered services.</li> <li>•Pay your estimated patient responsibility at time of visit, if applicable.</li> <li>•You may be billed for any balance.</li> </ul>	<p><b>\$\$\$</b></p> <ul style="list-style-type: none"> <li>•Pay your copay at time of visit, if applicable.</li> <li>•Pay your estimated patient responsibility at time of visit, if applicable.</li> <li>•You may be billed for any balance.</li> </ul>	<p><b>\$\$\$\$</b></p> <ul style="list-style-type: none"> <li>•Pay your copay at time of visit, if applicable.</li> <li>•Pay your estimated patient responsibility at time of visit, if applicable.</li> <li>•You may be billed for any balance.</li> </ul>



## CIGNA DISCOUNTS

### CIGNA DISCOUNT PROGRAMS

Cigna offers built-in plan discounts with no referrals, claims or limits for you and your family.

#### **Vision Discounts on:**

- Designer Frames
- Prescription Lenses and Contact Lenses
- Eye Exams
- Lasik Surgery

You can visit many doctors in private practice. Plus, national chains like LensCrafters®, Target Optical® and Pearle Vision®.

#### **Hearing Care Discounts on:**

- Hearing aids
- A two to three year supply of batteries and then join a discount battery mail-order program
- Free in-office service of hearing aids for one year

#### **Fitness Discounts on:**

- Gym memberships
- Health coaching
- At-home weight-loss program
- Wearable fitness devices

#### **Oral Health Care Product Discounts on:**

- Teeth whitening
- Electronic toothbrushes
- Replacement brush heads

#### **Savings on Natural Products and Services**

- Therapeutic massage
- Acupuncture
- Chiropractic care
- Nutrition services

#### **Savings on at-home products**

- Blood pressure monitors
- Pedometers and activity trackers
- Electrotherapy TENS units

### HOW TO GET STARTED

Log in to your member website at [www.Cigna.com](http://www.Cigna.com) once you're an Cigna member, to shop and receive your member discounts and find information on how to order products.

- Find vision, hearing or natural therapy professionals
- Sign up for a weight-loss program
- Buy health products
- Find a gym

## DENTAL

### FINDING A PPO DENTAL PROVIDER

Follow the steps below to locate a participating dental provider:

**STEP 1:** Go to [www.Cigna.com](http://www.Cigna.com)

**STEP 2:** Click on "Find a doctor"

**STEP 3:** If you are already a member log in; if not, under Guests select "Plan from an employer"

**STEP 4:** Enter search location "and click "Search"

**STEP 5:** Under Select a Plan, scroll down to "Dental PPO/PDN with PPO II network"

select "Dental PPO/PDN with PPO II"

**STEP 6:** Select "Dental Care" then select type of dentist

### FINDING A DHMO DENTAL PROVIDER

Follow the steps below to locate a participating dental provider:

**STEP 1:** Go to [www.Cigna.com](http://www.Cigna.com)

**STEP 2:** Click on "Find a doctor"

**STEP 3:** If you are already a member log in; if not, under Guests select "Plan from an employer"

**STEP 4:** Enter search location "and click "Search"

**STEP 5:** Under Select a Plan scroll down to "DMO®/DNO/ Managed Dental" select "DMO®/DNO"

**STEP 6:** Select "Dental Care" then select "Dentists (Primary Care)"



### DENTAL PLANS

### PPO PLAN

### DHMO PLAN

BENEFIT	IN-NETWORK	OUT-OF-NETWORK	IN-NETWORK ONLY
<b>Calendar Year Deductible</b>	Individual: 25 Family: \$75	Individual: \$50 Family: \$150	Individual: \$0 Family: \$0
<b>Benefit Maximum</b> Per Calendar Year		\$2,500	N/A <i>Primary Dentist Election Required</i>
<b>Diagnostic &amp; Preventive Services</b> Cleanings; Oral Exams; Topical Fluoride & Sealants (up to age 16); X-rays; Bitewing; & Space Maintainers	100%	100%	Some Procedures Covered @ 100% (See Fee Schedule)
<b>Basic Services</b> Fillings; Extractions; Oral Surgery; Endodontics; Periodontics; Periodontal Surgery; Anesthesia	90%	80%	Copays Apply (See Fee Schedule)
<b>Major Services</b> Bridge and Dentures; Crowns, Inlays, Onlays, Repairs of Dentures	60%	50%	Copays Apply (See Fee Schedule)
<b>Orthodontic Services</b> Adults & Children	50% \$2,500 Lifetime Max	50% \$2,500 Lifetime Max	Copays Apply No Lifetime Max
<b>Weekly Contributions</b>			
Employee Only	\$8.00		\$0.00
Employee + Spouse	\$18.94		\$2.43
Employee + Child(ren)	\$21.67		\$4.69
Employee + Family	\$32.61		\$8.13

The above information is intended as a benefit summary only. It does not include all of the benefit provisions, limitations and qualifications. If this conflicts in any way with the contract, the contract will prevail.



## VISION

### PPO VISION PLAN

BENEFIT	IN-NETWORK (ALLOWANCE)	OUT-OF-NETWORK (REIMBURSEMENT)
<b>Eye Exam</b>	\$10 Copay	Up to \$45
<b>Frequency</b> (within a consecutive 12-mo. period)		
Exam	12 months	12 months
Lenses	12 months	12 months
Frames	12 months	12 months
Contact Lenses (in lieu of eyeglasses)	12 months	12 months
<b>Frames</b>	\$130 Allowance + 20% off Balance	Up to \$71
<b>Lenses</b>		
Single Vision Lenses	\$0 Copay	Up to \$32
Bifocal Vision Lenses	\$0 Copay	Up to \$55
Trifocal Vision Lenses	\$0 Copay	Up to \$65
Lenticular Vision Lenses	\$0 Copay	Up to \$80
Standard Progressive Lenses	\$65 Copay	Not Covered
<b>Contact Lenses (in lieu of glasses)</b>		
Medically Necessary	\$0 Copay	Up to \$210
Elective Contact Lenses	\$110 Allowance	Up to \$98
<b>Weekly Contributions</b>		
Employee Only	<b>\$1.15</b>	
Employee + Spouse	<b>\$2.19</b>	
Employee + Child(ren)	<b>\$2.31</b>	
Employee + Family	<b>\$3.39</b>	

The above information is intended as a benefit summary only. It does not include all of the benefit provisions, limitations and qualifications. If this conflicts in any way with the contract, the contract will prevail.



### FINDING A VISION PROVIDER

Follow the steps below to locate an in-network Vision provider:

**STEP 1:** Go to [www.Cigna.com](http://www.Cigna.com)

**STEP 2:** Click on "Find a doctor"

**STEP 3:** If you are already a member log in; if not, under Guests select "Plan from an employer"

**STEP 4:** Scroll all the way to the bottom of the page and under vision click on " Cigna Vision Directory (Serviced by EyeMed)

**STEP 5:** Enter search location and click "Search"

## BASIC LIFE / AD&D

### HOW BASIC LIFE/AD&D INSURANCE CAN HELP

Life and AD&D insurance may provide additional financial support by:

- Assisting your family with the cost of your funeral or medical bills
- Covering household expenses
- Relieving debt you might leave behind
- Leaving an inheritance for your loved ones or an organization you are passionate about



### EMPLOYER-PAID BASIC LIFE/AD&D

**CITY OF NORTH MIAMI** provides all full-time, benefit eligible employees with Basic Life/Accidental Death & Dismemberment (AD&D) coverage through Mutual of Omaha at no cost to you. Please refer to the PlanSource enrollment system for the coverage amounts specific to your eligibility class.

- **AGE REDUCTION:** Basic Life/AD&D benefits are reduced to 65% at age 65, to 50% at age 70, to 35% at age 75, and Benefits Term at Retirement (unless otherwise eligible).

**ACCIDENTAL DEATH AND DISMEMBERMENT INSURANCE:** AD&D insurance coverage provides protection in the event of accidental death, loss of hands, feet, and/or vision. The benefit is equal to the life benefit. Please refer to the Mutual of Omaha contract for specific benefit plan design information and availability relevant to your specific eligibility class.

### BE SURE TO UPDATE YOUR BENEFICIARY INFORMATION

A beneficiary is the person or entity you name in a life insurance policy to receive the death benefit.

You can name:

- One person
- Two or more people
- The trustee of a trust you've set up
- Your estate

**Note:** If you don't name a beneficiary, the death benefit will be paid to your estate.

### TWO LEVELS OF BENEFICIARIES:

Your Life Insurance policy should have both primary and contingent beneficiaries. The primary beneficiary receives the death benefit upon your passing. Contingent beneficiaries receive the death benefit if the primary beneficiary cannot be located. If no primary or contingent beneficiaries are located, the death benefit will be paid to your estate.

As part of naming beneficiaries, you should identify them as clearly as possible and include their Social Security Numbers. This will make it easier for the Life Insurance company to confirm their identity and decrease the likelihood of potential disputes.



## VOLUNTARY LIFE



### VOLUNTARY LIFE

In addition to the Basic Life/AD&D insurance, employees have the option to elect voluntary coverage through Mutual of Omaha.

COVERAGE GUIDELINES			
	MINIMUM	GUARANTEE ISSUE	MAXIMUM
For You	\$10,000	5 times annual salary, up to \$100,000	5 times annual salary, up to \$250,000 In \$10,000 increments
Spouse	\$5,000	100% of employee's benefit, up to \$30,000	100% of employees benefit, up to \$125,000 in \$5,000 increments
Children	\$10,000	\$10,000	\$10,000

If you are **newly eligible**, you may elect five (5) times your annual salary up to \$100,000 for yourself and 100% of your elected amount up to \$30,000 for your spouse without medical underwriting. Any elections over these amounts will require an Evidence of Insurability (EOI) form to be completed.

#### Open Enrollment Annual Increase:

If you are currently enrolled and your coverage amount is less than the guarantee issue limit, you may increase your coverage by up to 2 increments (\$20,000) without completing an EOI.

All other increases will be subject to completing evidence of insurability (EOI).

#### THINGS TO REMEMBER:

- You pay just one payroll deduction for child coverage, no matter how many children you are covering
- The rates for spouse coverage are based on the employee's age
- Spouse coverage terminates at employee's age 80.
- You must enroll in coverage in order to elect coverage for your dependents
- Benefits reduce to 65% at age 65, to 50% at age 70, and to 35% at age 75.
- Payroll deductions may vary due to rounding

#### EVIDENCE OF INSURABILITY FORM

An Evidence of Insurability (EOI) form is required if you or your spouse are electing an amount over the Guarantee Issue Limit (GI).

**NOTE:** Benefit coverage and payroll deductions will not take effect until EOI is approved by Mutual of Omaha.

# DISABILITY



## THINGS TO REMEMBER:

### PRE-EXISTING CONDITION EXCLUSION (STD)

The pre-existing condition limitation under the short-term disability plan is 3/6. This means, any condition that you received medical attention for in the 3 months prior to your effective date of coverage, that results in a disability during the first 6 months of coverage, would not be covered.

### EVIDENCE OF INSURABILITY FORM FOR LTD

An evidence of insurability (EOI) form is required to come on to the plan during annual enrollment or if coverage was previously waived during the initial eligibility period.

**NOTE:** LTD coverage and payroll deductions will not take effect until EOI is approved by Mutual of Omaha.

### PRE-EXISTING CONDITION EXCLUSION (LTD)

The pre-existing condition limitation under the long-term disability plan is 3/12. This means, any condition that you received medical attention for in the 3 months prior to your effective date of coverage that results in a disability during the first 12 months of coverage, would not be covered.

## VOLUNTARY SHORT-TERM DISABILITY

You have the opportunity to elect an income replacement supplement. This coverage is designed to replace a portion of your income should you become unable to work due to a non-work related injury or sickness. A brief summary of the plan is outlined in the following chart. Please refer to your Mutual of Omaha summary for additional details, including limitations and exclusions.

VOLUNTARY SHORT-TERM DISABILITY SCHEDULE OF BENEFITS	
BENEFITS BEGIN	31st day Accident/Sickness
BENEFIT DURATION / PAYABLE	9 weeks
PERCENTAGE OF INCOME REPLACED	60%
MAXIMUM WEEKLY BENEFIT	\$1,500
MINIMUM WEEKLY BENEFIT	\$25
PRE-EXISTING CONDITION LIMITATION	Look back 3 months / not covered first 6 months on plan

## VOLUNTARY LONG-TERM DISABILITY

Long term disability will provide coverage once the short-term disability has concluded. Please refer to your Mutual of Omaha summary for additional details, including limitations and exclusions.

VOLUNTARY SHORT-TERM DISABILITY SCHEDULE OF BENEFITS	
BENEFITS BEGIN	91st day Accident/Sickness
BENEFIT DURATION / PAYABLE	To the later of age 65, your normal Social Security Retirement Age or 3.5 years
PERCENTAGE OF INCOME REPLACED	60%
MAXIMUM MONTHLY BENEFIT	\$8,000
MINIMUM MONTHLY BENEFIT	\$100
PRE-EXISTING CONDITION LIMITATION	Look back 3 months /not covered first 12 months on plan

Long-term disability benefits begin after the end of the elimination period and can be payable for up to two years if you are unable to perform the duties of your regular occupation and payable in accordance with the table above if you are unable to perform the duties of any occupation.



## VALUE ADDED BENEFITS



### EMPLOYEE ASSISTANCE PROGRAM

#### AVAILABLE SERVICES WHEN YOU NEED HELP THE MOST

Life isn't always easy. Sometimes a personal or professional issue can affect your work, health and general well-being. During these tough times, it's important to have someone to talk with to let you know you're not alone.

With Mutual of Omaha's Employee Assistance Program, you can get the help you need so you spend less time worrying about the challenges in your life and can get back to being the productive worker your employer counts on to get the job done.

Benefits include:

- Unlimited telephone access to EAP professionals 24 hours a day, seven days a week
- Telephone assistance and referral
- Service for employees and eligible dependents
- Legal assistance and financial services
  - Will preparation
  - Legal library & online forms
- Resources for:
  - Work/Life balance
  - Substance abuse
- Dependent and elder care assistance & referral services
- Access to a library of educational articles, handouts and resources via a website

#### We are here for you

Visit the Employee Assistance Program website to view timely articles and resource on a variety of financial, well-being, behavioral and mental health topics

[Mutualofomaha.com/eap](http://Mutualofomaha.com/eap)  
Or call us: 800.316.2796

#### HEARING DISCOUNT PROGRAM

The Hearing Discount Program provides you and your family discounted hearing products, including hearing aids and batteries.

[www.amplifonusa.com/mutualofOmaha.com](http://www.amplifonusa.com/mutualofOmaha.com)

Or call: 888-534-1747

#### WILL PREP SERVICES

This service allows employees to access online will prep tools. In just a few clicks you can complete a basic will or other documents to protect your family and property.

Visit:

[www.willprepservices.com](http://www.willprepservices.com)  
Registration code: Mutualwills

#### TRAVEL ASSISTANCE

If you have a medical emergency while you are more than 100 miles away from home, you can be connected to Assist America's staff of medically trained, multilingual professionals who can advise you in a medical emergency, 24/7. They can assist with medical care, emergency medical evacuations, prescription assistance and more:

Within US: 800.856.9947  
Outside US: 312.953.3658

# DEFERRED COMPENSATION

ICMA-RC is now



**Augusto C. Gaymer**  
Retirement Plans Specialist

Work  
(202) 759-7096  
Cell:  
866) 886-8026; Option #1  
eFax:  
(866) 573-5771  
Email:  
[agaymer@missionsq.org](mailto:agaymer@missionsq.org)  
Web: [www.missionsq.org](http://www.missionsq.org)



**Corebridge Financial**

**Georgea Tingas**  
Financial Advisor

Work  
305.817.2250  
Cell  
786.510.1794  
Fax  
786.805.4366

Georgea.Tingas@  
corebridgefinancial.com

[www.corebridgefinancial.com/](http://www.corebridgefinancial.com/)  
retire



## DEFERRED COMPENSATION

The City currently offers two deferred compensation programs through Mission Square/ICMA and Corebridge Financial. Representatives visit the City monthly.

Deferred compensation is a voluntary, pre-income tax payroll reduction plan available to all full-time employees. You choose an amount of money to be deferred from each paycheck which can be used at retirement to supplement your City pension and Social Security. For income tax purposes, the deferrals are not considered taxable income until withdrawn. Deferrals are considered taxable income for social security purposes. If you will need these funds do not put them in a deferred compensation account. It is not a savings account; it is a pension plan.

### How much may I contribute?

The amount changes from year to year. Below is a snapshot of contribution limits for 2026:

	2026	2025
457 (b)	\$24,500	\$23,500
Traditional and Roth IRAs	\$7,500	\$7,000

Employee age 50 and older may contribute additional amounts depending upon the plan as shown below:

	Catch-Up Contribution
457 Plans	\$8,000
IRAs	\$1,100



## SUPPLEMENTAL INSURANCE



### ACCIDENT PLAN

In the event of a covered accident, the accident plan pays cash benefits fast to help with the costs associated with out-of-pocket expenses and bills such as ambulance rides, wheelchairs, emergency room visits and surgery.

#### ACCIDENT BENEFIT - EXAMPLES

Ground Ambulance	Up to \$400
Major Diagnostic Testing	\$200
Accident Emergency Room Treatment	Up to \$250
Emergency Room Observation	\$100 (Each 24 hour Period) \$50 Between 4 and 24 hours
Hospital Admission (due to an accident)	\$1,000
Hospital Confinement (due to an accident)	\$300 / per day up to 365 days per covered accident

\*see certificate for details and limitations

### CONTACT INFO

For more information and detailed benefit summaries contact:

**The Warner Company**

**866-870-5093**  
**service@lwarner.com**

### HOSPITAL INDEMNITY PLAN

#### Coverage for Hospital Confinement due to Sickness, Surgery, Maternity or Injury

Benefits payable for :

- Hospital confinement
- Hospital admission (including Intensive Care Unit)

See certificate for more details and limitations

#### HOSPITAL CONFINEMENT—EXAMPLES

Hospital/ICU Admission	<b>\$1,000</b> per admission, limited to 1 admission per insured per year
Hospital Confinement	<b>\$150</b> per day, maximum of 31 days per confinement for each covered sickness or accident for each

## SUPPLEMENTAL INSURANCE

### CONTACT INFO

For more information and detailed benefit summaries contact:

**The Warner Company**

**866-870-5093**

**service@lwarner.com**



### GROUP DISABILITY

The Aflac Group Disability Plan benefits:

- Benefits are paid when you are sick and unable to work, up to 60% of your salary (up to 40% in states with state disability)
- Minimum and maximum total monthly benefit—\$300 to \$6,000
- Multiple benefit period options

### CRITICAL CARE AND RECOVERY

Coverage for the treatment of specified health events including heart attack, stroke, coronary artery bypass surgery and third degree burns

COVERED CRITICAL ILLNESS	BENEFIT AMOUNT
Heart Attack	100%
Stroke	100%
Major Organ Failure	100%
End-stage Kidney Failure	100%
Coronary Artery Bypass Surgery	100%
Cancer—Invasive	100%
Cancer—Non-invasive	25%
Skin Cancer	\$1,000
Loss of sight, hearing or speech	100%
Benign Brain Tumor	100%
Coma	100%
Permanent Paralysis	100%

### TERM LIFE

Aflac Voluntary Term Life covers you until age 120 and includes these riders for added protection at no additional cost:

- Accidental Death Benefit Rider: pays an additional amount if death is accidental.
- Accelerated Benefit Rider: provides up to 4% per month in advance to help defray expenses such as long-term care needs.
- Extension Rider.
- Child Term Rider: \$25,000 Benefit for under age 26.
- Waiver of Premium Rider: when disabled, premiums may be waived for up to 24 months.

Additional Features include:

- Guaranteed Issue up to \$100,000 for Employee.
- Spouse eligible for 50% of Employee's benefit up to \$50,000.
- Benefits paid directly to the employee's named beneficiary.
- Coverage is portable, you can keep coverage even if you change jobs.

QUESTIONS? Call BenefitsVIP at **866.293.9736**



## HEALTHCARE FLEXIBLE SPENDING ACCOUNT

### What is a Healthcare Flexible Spending Account?

FSAs are tax-advantaged accounts that let you use pre-tax dollars to pay for eligible medical expenses which also include covered dental and vision expenses. You can use an FSA to save on average 30 percent (actual savings may vary). Because FSAs are tax favored account the IRS limits the amount of money you can contribute each year. In 2026 the maximum contribution is \$3,400.

### Sample qualified medical expenses:

#### Medical Care

- ◆ Doctor Visits
- ◆ Hospital Services
- ◆ Prescriptions



#### Dental

- ◆ Cleanings
- ◆ Orthodontia
- ◆ Filings/Crowns



#### Vision

- ◆ Eye Exams
- ◆ Prescriptions Glasses/Contacts
- ◆ LASIK surgery



#### Vision

- ◆ Eye Exams
- ◆ Prescriptions Glasses/Contacts
- ◆ LASIK surgery



#### Alternative care

- ◆ Chiropractic
- ◆ Acupuncture
- ◆ Medically Necessary Massage



FOR A FULL LIST OF  
QUALIFIED MEDICAL FSA  
EXPENSES VISIT:

[HEALTHEQUITY.COM/QME](https://HEALTHEQUITY.COM/QME)

EXAMPLES OF  
NON-QUALIFIED FSA  
EXPENSES:

- Childcare
- Cosmetic surgery
- Electrolysis or hair removal
- Household help
- Teeth whitening

GO MOBILE:

[HTTPS://  
PARTICIPANT.WAGEWORKS.COM](https://PARTICIPANT.WAGEWORKS.COM)

YOU MAY BE ASKED FOR  
DOCUMENTATION THAT IT  
IS A QUALIFIED EXPENSE SO  
PLEASE KEEP YOUR  
RECEIPTS

**Use it or lose it:** Plan carefully when making your election. You will have a grace period of 2.5 months after the end of the plan year to use the balance of the funds. After that date any funds left in the account will be forfeited.

# DEPENDENT CARE FSA

FOR A FULL LIST OF QUALIFIED  
DEPENDENT CARE FSA  
EXPENSES VISIT:

[HEALTHEQUITY.COM/LEARN/  
DEPENDENT-CARE-EXPENSES/](http://HEALTHEQUITY.COM/LEARN/DEPENDENT-CARE-EXPENSES/)

## EXAMPLES OF NON-QUALIFIED DEPENDENT CARE FSA EXPENSES

- Dance lessons
- Educational, learning or study skills services
- Field trips
- Kindergarten tuition
- Language classes
- Private school tuition



HealthEquity | WageWorks

## DEPENDENT CARE FLEXIBLE SPENDING ACCOUNT

### What is a Dependent Care Flexible Spending Account?

A DCFSA is a pre-tax benefit account used to pay for dependent care services. Dependent Care Flexible Spending Account (DCFSA) funds can pay for services such as preschool, summer day camp, before or after school programs, and child or elder daycare.

### Eligible Dependent Care Flexible Spending Account dependents include:

- ◆ A child under the age of 13 who resides with you and for whom you are entitled to a personal tax exemption as a dependent.
- ◆ A spouse, parents, or other **tax-dependent** adults who reside with you and who are physically or mentally incapable of self-care.

DEPENDENT CARE FSA PRETAX CONTRIBUTION LIMITS	AMOUNT
Married and files a joint tax return or single/head of household	\$7,500 maximum
Married and files a separate return	\$3,750 for each tax return files up to the \$7,500 maximum

### Examples of DCFSA Eligible Expenses

Childcare for your child under 13 year old

- ◆ Nanny and au pair services
- ◆ Before and after school programs
- ◆ Summer day Camp
- ◆ Preschool



Elder care

- ◆ Elder day care
- ◆ Work-related custodial elder care



**Use it or lose it:** Plan carefully when making your election. You will have a grace period of 2.5 months after the end of the plan year to use the balance of the funds. After that date any funds left in the account will be forfeited.



### LEGAL SHIELD

#### PREVENTIVE LEGAL SERVICES

**Unlimited toll-free telephone consultations** for personal and business questions. Monday-Friday.

24/7/365 Access to our attorney's for **emergency** situations

Personal letters/Phone calls on your behalf plus.

Personal contract/ Document review on your behalf. Before you sign anything, have your attorney review all your family's documents and contracts.

Will, Living Will & Health Care proxy preparation prepared for the employee and spouse. Healthcare Power of Attorney, Guardianship Annual Reviews & Updates.

#### MOTOR VEHICLE LEGAL SERVICES

(Available 15 days after enrollment. No drugs or alcohol involved)

Moving Traffic violation representation

Major Legal Expenses: Defense of criminal charges resulting from operation of a moving vehicle.

Up to 2.5 hours for help with:

- Suspended license
- Personal injury/Property damage collection \$2,000 or less

#### TRIAL DEFENSE

Help with attorney fees for defense of civil and covered work-related criminal charges for you and your spouse.

60 hours of assistance first membership year.

Scheduled benefits increase to a maximum of:

2nd year: 120 hours of assistance

3rd year: 180 hours of assistance

4th year: 240 hours of assistance

5th year: 300 hours of assistance

#### I.R.S. AUDIT LEGAL SERVICES

Schedule benefits up to 50 hours of professional services from your Provider Attorney to help defray the cost of audit representation.

#### OTHER LEGAL SERVICES

Other legal services not specifically covered by the membership are available at a 25% discount from the Provider Attorney's standard or corporate hourly rate for representation.

#### USING YOUR BENEFITS

Online: [www.mylegalshield.com](http://www.mylegalshield.com)

Mobile App

#### ADVICE & GUIDANCE

Know and protect all of your legal rights, unlimited consultation, any personal or family matter even on pre-existing conditions

- Family Matters
- Estate Planning
- Mortgage/ Refinance/ Credit
- Consumer Issues
- Debt Collection
- Inheritance
- IRS Audits
- Medical Disputes

**Contact: Mitch Summer**  
**Cell 954-562-2823**

## PET INSURANCE



### HOW NATIONWIDE PET INSURANCE CAN HELP

Coverage is available **24/7** for:

- Injuries
- Illnesses
- Preventative Care

For City of North Miami Employee Preferred Pricing  
Visit: [petinsurance.com/northmiamifl](http://petinsurance.com/northmiamifl)

or call **877.738.7874** for more information or to obtain a no-obligation quote.

### PET INSURANCE

You work hard to provide your family with everything they need. So whether your family includes kids with two feet or kids with four paws, you know what responsibility looks like.

My Pet Protection® from Nationwide® helps you provide your pets with the best care possible by reimbursing you for vet bills. You can get cash back for accidents, illnesses, hereditary conditions, and more.

## Pet insurance from Nationwide®

With two budget-friendly options, there's never been a better time to protect your pet.

Our popular My Pet Protection® pet insurance plans now feature more choices and more flexibility

- ✓ **Got cash back on eligible vet bills:** Choose your reimbursement level of 50% or 70%\*
- ✓ **Available exclusively for employees:** Plans with preferred pricing only offered through your company
- ✓ **Use any vet, anywhere:** No networks, no pre-approvals



Choose your level of coverage with My Pet Protection®

**50%**  
reimbursement  
\$20-\$35/month<sup>2</sup>

**70%**  
reimbursement  
\$27-\$47/month<sup>2</sup>

How to use your pet Insurance plan

- 1 Visit any vet, anywhere.
- 2 Submit claim.
- 3 Get reimbursed for eligible expenses.

Get a quote at <http://www.petinsurance.com/concordmanagementltd> • 877-738-7874

\*Some exclusions may apply. Certain coverages may be subject to pre-existing exclusions. See policy documents for a complete list of exclusions. Reimbursement options may not be available in all states.

^Starting prices indicated. Final cost varies according to plan, species and ZIP code.

Products underwritten by Veterinary Pet Insurance Company (VPI), Columbus, OH; National Casualty Company (NCC) (in other states, Columbus, OH; Agency of Record); CVM Insurance Agency. All are subsidiaries of Nationwide Mutual Insurance Company. Nationwide, the Nationwide N and Eagle, the Nationwide "You're on Your Own" logo, and Nationwide Pet Insurance are service marks of Nationwide Mutual Insurance Company. ©2021 Nationwide. 2104R026





## WELLNESS

### FINANCIAL WELLNESS ANNOUNCEMENT



The City of North Miami has partnered with WellCents to provide financial wellness education and awareness, access to financial advisors and so much more. To launch this partnership, The City of North Miami is pleased to introduce WellCents and the Financial Wellness Assessment! WellCents is a comprehensive, holistic financial wellness solution designed to help you create confidence in your financial life. Our goal is to help you develop a real-life action plan to move you toward being financially well, and in turn, help you secure a financially sound retirement.

#### Dianna Ranalli Tucciarone

Senior Specialist

Retirement

1060 Maitland Center Commons | Suite 360 | Maitland, FL 32751

P: 407.815.5619 | F: 407.740.6113 | [dianna.tucciarone@nfp.com](mailto:dianna.tucciarone@nfp.com) | NFP.com





## BE A WISE HEALTH CARE CONSUMER

### **Knowing your four health numbers is key to a healthier you.**

At your annual check-up, ask your doctor for your four health numbers ( Blood Pressure, Cholesterol, Blood Sugar and BMI-Body Mass Index).

#### **Blood pressure:**

A telltale sign for possible heart disease, stroke and kidney disease. Understanding your blood pressure numbers is key to controlling high blood pressure. The American Heart Association recommends a normal Blood Pressure range of Systolic mm Hg (upper number) Less than 120 and Diastolic mm HG (lower number) Less than 80 (120/80).

#### **Cholesterol**

HDL is good. LDL is bad. Keeping both in check is essential. The American Heart Association (AHA) recommends that all adults age 20 or older have their cholesterol and other traditional risk factors checked every four to six years, and work with their healthcare providers to determine their risk for cardiovascular disease and stroke.

#### **Blood Sugar**

A leading determinant for the onset of diabetes. What is a normal blood sugar level? And how can you achieve normal blood sugar? For someone without diabetes, a fasting blood sugar on awakening should be under 100 mg/dl. Before-meal normal sugars are 70–99 mg/dl. “Postprandial” sugars taken two hours after meals should be less than 140 mg/dl.

#### **Body Mass Index (BMI)**

The measure of body fat based on height and weight that applies to adult men and women. In general, BMI is an inexpensive and easy-to-perform method of screening for weight category, for example underweight, normal or healthy weight, overweight, and obesity. There are many calculators online to assist you with obtaining your BMI.

[https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/english\\_bmi\\_calculator/bmi\\_calculator.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html)

### **Do you know your financial health numbers?**

Knowing them is just as important as knowing your overall health numbers. Your financial health comes down to a series of ratios. Here's where you should start:

**1. Credit Score:** Your FICO credit score—a ratio determined independently by three credit bureaus and based primarily on your track record of paying bills on time – is about far more than just being approved for loans.

**2. Retirement Savings Rate:** There is no single, correct dollar amount to put aside for retirement, which is why most projections rely on percentages. The most important one is how much of your salary you should put aside for retirement, which experts peg at 15%.

**3. Emergency Fund:** The number you need to know: How many months could you survive on your savings? The key is to achieve an overall balance in your finances, with about half your income going toward fixed expenses like rent and utilities, 20% for financial goals like savings, and 30% for day-to-day expenses like groceries and gas, advises Vera Gibbons, personal finance consultant - mint.com

**4. Net Worth:** People tend to think of this number as their “wealth,” says LearnVest’s von Tobel, but it’s not really about how much you have at any given point. Rather, people should use net worth as a starting point to see how they are doing down the road.



PLANSOURCE

## PLAN SOURCE ONLINE ENROLLMENT INSTRUCTIONS

### STEP 1:

- Login to PlanSource at <https://benefits.plansource.com> using the credentials below:
- **USERNAME:** First initial of your First Name + up to the first six characters of your Last Name + Last four (4) digits of your SSN. Example: John Employee, whose SSN is 000-00-1234, would have username of JEMPLOY1234; and John Plan, whose SSN is 000-00-9876 would have a username of Jplan9876.
- **PASSWORD:** Please use your existing password to login. If you have forgotten, click on the "Need Help?" link to reset it. You will be prompted to enter your Username and the email address that we have on file in PlanSource.

PLANSOURCE<sup>®</sup>

Login

Username

Password

**Login**

**NEED HELP?**

### STEP 2:

Click "Get Started" to begin the enrollment process.



### STEP 3:

You will be asked to review your personal information then scroll down and click on "**Next: Review My Family**"

### STEP 4:

You can now review your family information. You can now add a family member, edit a family member or remove a family member. When done click on "**Next: Shop for Benefits**"

Next: Review My Family

Next: Shop for Benefits



## PLANSOURCE

### Step 5:

This page will show you your current elections and give you the opportunity to add, change or remove plans,

Current Benefit Elections

If this page reflects the benefits you would like for the 2026 plan year you will click **“Review and Checkout”**

### Step 6:

If you would like to change a plan election click **“View or Change Plan”** benefit plan you would like to change.

You will then choose the plan you wish to enroll in or click on the decline coverage box. Then click on **“Update Cart”**

### Step 6:

Please continue to follow the prompts as you move through your elections, they will vary based on the choices you make. When you have completed making your choices you will then click on **“Review and Checkout”**

### Step 7:

Click on **“Checkout”**

Your enrollment is now complete you can have a copy of your enrollment emailed to yourself by clicking **“Send by Email”**

Don't miss this final step, your enrollment is not complete until you reach this page.

Enrollment Complete!

You have completed the open enrollment process and confirmed your benefits.

Need a copy of your benefits confirmation statement? [Send by Email](#)

### Questions?

If you have questions about Open Enrollment; enrolling online; or need assistance logging in, contact your dedicated BenefitsVIP Team, Monday – Friday, 8:30 am – 8:00 pm (ET), or your HR team.

By phone: 866-293-9736

By email: [solutions@benefitsvip.com](mailto:solutions@benefitsvip.com)



## FAQ

### GENERAL QUESTIONS

#### How they both work

- You must already be under treatment for the condition identified on the Transition of Care/Continuity of Care request form.

#### When does my coverage start?

- Coverage with Cigna begins on 1/1/2026.
- Benefits for new employees begin on the first of the month following the first day of work.

#### Where do I go to elect my benefits?

- To complete your benefit elections, you will need to log into [Plan Source](#) then select “Your Benefits” from the main Dashboard.

### MEDICAL / DENTAL QUESTIONS

#### When will I receive insurance cards?

- Cigna does not mail insurance ID cards.
- Employees are encouraged to download the Cigna app and access the card electronically.

#### Where can I find a doctor, lab or participating pharmacy that accepts my insurance?

- Go to [Cigna.com](#), and click on “Find a Doctor” at the top of the screen. Then, under “How are you Covered?” select “Employer or School” then follow the prompts. Under “Cigna Open Access Plans” select “Elect Choice EPO (Open Access)”.

#### How can I access my online account?

- Once your benefits are effective, you can go to [www.MyCigna.com](#) to create your log in information and access your online account.

#### How does Cigna cover prescriptions?

- Go to Cigna.com/PDL.
- Scroll down until you see a pdf of the Cigna Advantage 4-Tier Prescription Drug List (all specialty medications covered on Tier 4).
- Then look for your medication name. Medications are listed by the condition they treat, then listed alphabetically within tiers (or cost-share levels).

#### If I have any questions, how can I contact Cigna?

- You can call Cigna directly at 1.888.806.5094.

#### How do I find a dentist in the Cigna network?

- Finding a network dentist is easy: visit Cigna.com to find a network general dentist.

# MEDICARE PART D



## **Important Notice from The City of North Miami About Your Prescription Drug Coverage and Medicare**

If you and/or your covered dependents are not Medicare eligible, this document is for information purposes only.

However, if any of your covered benefit eligible dependents are Medicare eligible, please read this information carefully so that you and your dependents can make an informed decision regarding their prescription drugs.

**Please read this notice carefully and keep it where you can find it.**

This notice has information about your current prescription drug coverage with The City of North Miami and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. The City of North Miami has determined that the prescription drug coverage offered by Cigna is, on average for all plan participants, expected to pay out as much as the standard Medicare prescription drug coverage will pay and is therefore considered Creditable Coverage. Because your existing coverage is on average at least as good as standard Medicare prescription drug coverage, you can keep this coverage and not pay extra if you later decide to enroll in Medicare prescription drug coverage.

### **When can you join a Medicare Drug Plan?**

Individuals can enroll in a Medicare prescription drug plan when they first become eligible for Medicare and each year from October 15<sup>th</sup> through December 7th.

However, if you lose creditable prescription drug coverage, through no fault of your own, you will be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

### **What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?**

If you decide to join a Medicare drug plan, your current City of North Miami group health plan coverage will not be affected. You and your dependents can enroll in a Part D plan as a supplement to, or in lieu of, the group health plan coverage. However, if your existing prescription drug coverage is under a Medigap policy, you cannot have an existing prescription drug coverage and Part D coverage. If you enroll in Part D coverage, you should inform your Medigap insurer of that fact, and the Medigap insurer must remove the prescription drug coverage from the Medigap policy and adjust the premium as of the date the Part D coverage starts.

If you drop your current prescription drug coverage and enroll in Medicare prescription drug coverage, you may enroll back into The City of North Miami benefit plan during an open enrollment period.



## MEDICARE PART D

### **When will you pay a higher premium (penalty) to join a Medicare Drug Plan?**

You should also know that if you drop or lose your current coverage with The City of North Miami and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 days or longer without prescription drug coverage that's at least as good as Medicare's prescription drug coverage, your monthly premium will go up at least 1% per month for every month that you did not have that coverage. For example, if you go nineteen months without coverage, your premium will always be at least 19% higher than what many other people pay. You may have to pay this higher premium as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to enroll.

### **For more information about your options under Medicare prescription drug coverage:**

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & you" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare prescription drug plans. For more information about Medicare prescription drug plans:

Visit [www.medicare.gov](http://www.medicare.gov)

Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

Call your State Health Insurance Assistance Program for personalized help.

For people with limited income and resources, extra help paying for Medicare prescription drug coverage is available. Information about this extra help is available from the Social Security Administration (SSA) online at [www.socialsecurity.gov](http://www.socialsecurity.gov), or you can call them at 1-800-772-1213 (TTY 1-800-325-0778).

For more information about this notice or your current prescription drug coverage contact:

Name of Entity/Sender: City of North Miami  
Contact--Position/Office: Human Resources Department  
Address: 776 NE 125 Street 1st Floor  
Phone Number: North Miami, FL 33161

NOTE: You will receive this notice annually and at other times in the future such as before the next period you can enroll in Medicare prescription drug coverage, and if this coverage through The City of North Miami changes. You also may request a copy.

**Remember: Keep this notice. If you enroll in one of the new plans approved by Medicare which offer prescription drug coverage, you may be required to provide a copy of this notice when you join to show that you are not required to pay a higher premium amount.**



The Consolidated Omnibus Budget Reconciliation Act (COBRA) of 1985 requires that most employers sponsoring group health plans offer employees and their families the opportunity for a temporary extension of health coverage (called 'continuation coverage') at group rates in certain instances where coverage under the plan would otherwise end. An employee, spouse of an employee or a dependent child of an employee covered by the Entity's group health plan has the right to choose this continuation coverage if coverage is lost for any of the following reasons provided below.

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<b>Employee</b>	<ul style="list-style-type: none"><li>• Reduction in hours of employment (that disqualifies group insurance participation eligibility) or</li><li>• Termination of employment (for reasons other than gross misconduct).</li></ul>
<b>Spouse of Employee</b>	<ul style="list-style-type: none"><li>• The death of your spouse or</li><li>• A termination of your spouse's employment (for reasons other than gross misconduct) or</li><li>• A reduction in your spouse's hours of employment or</li><li>• Divorce or legal separation from your spouse or</li><li>• Your spouse becomes entitled to Medicare.</li></ul>
<b>Dependent Child of Employee</b>	<ul style="list-style-type: none"><li>• The death of a parent or</li><li>• A termination of the parent's employment (for reasons other than gross misconduct) or</li><li>• A reduction in the parent's hours of employment with the Entity or</li><li>• Parent's divorce or legal separation or</li><li>• A parent becomes entitled to Medicare or</li><li>• The dependent child ceases to be a "dependent child" under the Entity's group health-plan.</li></ul>

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COBRA is administered by a 3rd party administrator. You will receive a COBRA packet in mail directly from Wex COBRA. All forms and payments will be submitted directly to Wex should you elect COBRA.

Wex Health, Inc.  
PO Box 2079  
Omaha, NE 68103-2079

Customer Service: 866.451.3399



## DISCLOSURES

### NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT OF 1996 (NEWBORN'S ACT)

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

### THE WOMEN'S HEALTH AND CANCER RIGHTS ACT OF 1998 (WHCRA, ALSO KNOWN AS JANET'S LAW)

Under WHCRA, group health plans, insurance companies and health maintenance organizations (HMOs) offering mastectomy coverage must also provide coverage for reconstructive surgery in a manner determined in consultation with the attending physician and the patient. Coverage includes reconstruction of the breast on which the mastectomy was performed, surgery and reconstruction of the other breast to produce a symmetrical appearance, and prostheses and treatment of physical complications at all stages of the mastectomy, including lymph edemas.

Call your Plan Administrator for more information.

### QUALIFIED MEDICAL CHILD SUPPORT ORDER (QMCOSO)

QMCOSO is a medical child support order issued under State law that creates or recognizes the existence of an "alternate recipient's" right to receive benefits for which a participant or beneficiary is eligible under a group health plan. An "alternate recipient" is any child of a participant (including a child adopted by or placed for adoption with a participant in a group health plan) who is recognized under a medical child support order as having a right to enrollment under a group health plan with respect to such partic-

ipant. Upon receipt, the administrator of a group health plan is required to determine, within a reasonable period of time, whether a medical child support order is qualified, and to administer benefits in accordance with the applicable terms of each order that is qualified. In the event you are served with a notice to provide medical coverage for a dependent child as the result of a legal determination, you may obtain information from your employer on the rules for seeking to enact such coverage. These rules are provided at no cost to you and may be requested from your employer at any time.

### SPECIAL ENROLLMENT RIGHTS (HIPAA)

If you have previously declined enrollment for yourself or your dependents (including your spouse) because of other health insurance coverage, you may in the future be able to enroll yourself or your dependents in this plan, provided that you request enrollment within 30 days after your other coverage ends. In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents, provided that you request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

### COVERAGE EXTENSION RIGHTS UNDER THE UNIFORMED SERVICES EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT (USERRA)

If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents (including spouse) for up to 24 months while in the military. Even if you do not elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions for pre-existing conditions except for service-connected injuries or illnesses.

### MICHELLE'S LAW

Michelle's Law permits seriously ill or injured college students to continue coverage under a group health plan when they must leave school on a full-time basis due to their injury or illness and would otherwise lose coverage.

The continuation of coverage applies to a dependent child's leave of absence from (or other change in enrollment) a postsecondary educational institution (college or university) because of a serious illness or injury, while covered under a health plan. This would otherwise cause the child to lose dependent status under the terms of the plan. Coverage will be continued until:

1. One year from the start of the medically necessary leave of absence, or
2. The date on which the coverage would otherwise terminate under the terms of the health plan; whichever is earlier.

### MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT OF 2008

This act expands the mental health parity requirements in the Employee Retirement Income Security Act, the Internal Revenue Code and the Public Health Services Act by imposing new mandates on group health plans that provide both medical and surgical benefits and mental health or substance abuse disorder benefits. Among the new requirements, such plans (or the health insurance coverage offered in connection with such plans) must ensure that:

The financial requirements applicable to mental health or substance abuse disorder benefits are no more restrictive than the predominant financial requirements applied to substantially all medical and surgical benefits covered by the plan (or coverage), and there are no separate cost sharing requirements that are applicable only with respect to mental health or substance abuse disorder benefits.

### GENETIC INFORMATION NON-DISCRIMINATION ACT (GINA)

GINA broadly prohibits covered employers from discriminating against an employee, individual, or member because of the employee's "genetic information," which is broadly defined in GINA to mean (1) genetic tests of the individual, (2) genetic tests of family members of the individual, and (3) the manifestation of a disease or disorder in family members of such individual. GINA also prohibits employers from requesting, requiring, or purchasing an employee's genetic information. This prohibition does not extend to information that is requested or required to comply with the certification require-

ments of family and medical leave laws, or to information inadvertently obtained through lawful inquiries under, for example, the Americans with Disabilities Act, provided the employer does not use the information in any discriminatory manner. In the event a covered employer lawfully (or inadvertently) acquires genetic information, the information must be kept in a separate file and treated as a confidential medical record, and may be disclosed to third parties only in very limited situations.

### CONSOLIDATED OMNIBUS BUDGET RECONCILIATION ACT (COBRA)

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) requires employers who provide medical coverage to their employees to offer such coverage to employees and covered family members on a temporary basis when there has been a change in circumstances that would otherwise result in a loss of such coverage [26 USC §4980B] This benefit, known as "continuation coverage," applies if, for example, dependent children become independent, spouses get divorced, or employees leave the employer.

### CHILDREN'S HEALTH INSURANCE PROGRAM REAUTHORIZATION ACT (CHIPRA)

Effective April 1, 2009 employees and dependents who are eligible for coverage, but who have not enrolled, have the right to elect coverage during the plan year under two circumstances: The employee's or dependent's state Medicaid or CHIP (Children's Health Insurance Program) coverage terminates because the individual ceases to be eligible.

The employee or dependent becomes eligible for a CHIP premium assistance subsidy under state Medicaid or CHIP (Children's Health Insurance Program). Employees must request this special enrollment within 60 days of the loss of coverage and/or within 60 days of when eligibility is determined for the premium subsidy.

### PREMIUM ASSISTANCE UNDER MEDICAID AND CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employ-

## DISCLOSURES



er, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov). If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan. If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.asksbeba.dol.gov](http://www.asksbeba.dol.gov) or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2024. Contact your State for more information on eligibility –

**ALABAMA – Medicaid**  
Website: <http://myalhipp.com/>  
Phone: 1-855-692-5447

**ALASKA – Medicaid**  
The AK Health Insurance Premium Payment Program  
Website: <http://myakhipp.com/>  
Phone: 1-866-251-4861  
Email: CustomerService@MyAKHIPP.com

**Medicaid Eligibility:** <https://health.alaska.gov/dpa/Pages/default.aspx>

**ARKANSAS – Medicaid**  
Website: <http://myarhipp.com/>  
Phone: 1-855-MyARHIPP (855-692-7447)

**CALIFORNIA – Medicaid**  
Health Insurance Premium Payment (HIPP) Program Website: <http://dhcs.ca.gov/hipp>  
Phone: 916-445-8322  
Fax: 916-440-5676  
Email: [hipp@dhcs.ca.gov](mailto:hipp@dhcs.ca.gov)

**COLORADO – Health First Colorado** (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)  
Health First Colorado Website: <https://www.healthfirstcolorado.com/>  
Health First Colorado Member Contact Center:  
1-800-221-3943/State Relay 711  
CHP+: <https://hcpf.colorado.gov/child-health-plan-plus>  
CHP+ Customer Service: 1-800-359-1991/State Relay 711  
Health Insurance Buy-In Program (HIBI): <https://www.mycohibi.com/HIBI>  
Customer Service: 1-855-692-6442

**FLORIDA – Medicaid**  
Website: <https://www.flmedicaidtprrecovery.com/>  
[flmedicaidtprrecovery.com/hipp/index.html](https://www.flmedicaidtprrecovery.com/hipp/index.html)  
Phone: 1-877-357-3268

**GEORGIA – Medicaid**  
GA HIPP Website: <https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp>  
Phone: 678-564-1162, Press 1  
GA CHIPRA Website: <https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra>  
Phone: 678-564-1162, Press 2

**INDIANA – Medicaid**  
Health Insurance Premium Payment Program  
All other Medicaid  
Website: <https://www.in.gov/medicaid/>  
<http://www.in.gov/fssa/dfr/>  
Family and Social Services Administration  
Phone: 1-800-403-0864

**Member Services Phone:** 1-800-457-4584

**IOWA – Medicaid and CHIP (Hawki)**  
Medicaid Website: [iowamedicaid.iowa.gov/](http://iowamedicaid.iowa.gov/)  
ServicesMedicaid Phone: 1-800-338-8366  
Hawki Website: [iowahawki.iowa.gov/](http://iowahawki.iowa.gov/)  
Hawki - Healthy and Well Kids in Iowa | Health & Human Services  
Hawki Phone: 1-800-257-8563  
HIPP Website: [Health Insurance Premium Payment \(HIPP\) | Health & Human Services \(iowa.gov\)](http://iowahawki.iowa.gov/hipp/)  
HIPP Phone: 1-888-346-9562

**KANSAS – Medicaid**  
Website: <https://www.kancare.ks.gov/>  
Phone: 1-800-792-4884  
HIPP Phone: 1-800-967-4660

**KENTUCKY – Medicaid**  
Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP)  
Website: <https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx>  
Phone: 1-855-459-6328  
Email: [KIHIPP.PROGRAM@ky.gov](mailto:KIHIPP.PROGRAM@ky.gov)  
KCHIP Website: <https://kynekt.ky.gov>  
Phone: 1-877-524-4718  
Kentucky Medicaid Website: <https://chfs.ky.gov/agencies/dms>

**LOUISIANA – Medicaid**  
Website: [www.medicaid.la.gov](http://www.medicaid.la.gov) or [www.ldh.la.gov/laipp](http://www.ldh.la.gov/laipp)  
Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

**MAINE – Medicaid**  
Enrollment Website: [https://www.mymaineconnection.gov/benefits/s/?language=en\\_US](https://www.mymaineconnection.gov/benefits/s/?language=en_US)  
Phone: 1-800-442-6003  
TTY: Maine relay 711  
Private Health Insurance Premium Webpage: <https://www.maine.gov/dhhs/ofi/applications-forms>  
Phone: 1-800-977-6740  
TTY: Maine relay 711

**MASSACHUSETTS – Medicaid and CHIP**  
Website: <https://www.mass.gov/masshealth/pa>  
Phone: 1-800-862-4840  
TTY: 711  
Email: [masspremassis-tance@accenture.com](mailto:masspremassis-tance@accenture.com)

**MINNESOTA – Medicaid**  
Website: <https://mn.gov/dhs/health-care-coverage/>  
Phone: 1-800-657-3672

**MISSOURI – Medicaid**  
Website: <http://www.dss.mo.gov/mhd/participants/pages/hipp.htm>  
Phone: 573-751-2005

**MONTANA – Medicaid**  
Website: <http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP>  
Phone: 1-800-694-3084  
Email: [HHSHIPPPProgram@mt.gov](mailto:HHSHIPPPProgram@mt.gov)

**NEBRASKA – Medicaid**  
Website: <http://www.ACCESSNebraska.ne.gov>  
Phone: 1-855-632-7633  
Lincoln: 402-473-7000  
Omaha: 402-595-1178

**NEVADA – Medicaid**  
Medicaid Website: <http://dhcfp.nv.gov>  
Medicaid Phone: 1-800-992-0900

**NEW HAMPSHIRE – Medicaid**  
Website: <https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program>  
Phone: 603-271-5218  
Toll free number for the HIPP program: 1-800-852-3345, ext. 15218  
Email: [DHHS.ThirdPartyLiabi@dhhs.nh.gov](mailto:DHHS.ThirdPartyLiabi@dhhs.nh.gov)

**NEW JERSEY – Medicaid and CHIP**  
Medicaid Website: <http://www.state.nj.us/humanservices/dmhs/clients/medicaid/>  
Phone: 1-800-356-1561  
CHIP Premium Assistance Phone: 609-631-2392  
CHIP Website: <http://www.njfamilycare.org/index.html>  
CHIP Phone: 1-800-701-0710 (TTY: 711)

**NEW YORK – Medicaid**  
Website: [https://www.health.ny.gov/health\\_care/medicaid/](https://www.health.ny.gov/health_care/medicaid/)  
Phone: 1-800-541-2831

**NORTH CAROLINA – Medicaid**  
Website: <https://medicaid.ncdhs.gov/>  
Phone: 919-855-4100

**NORTH DAKOTA – Medicaid**  
Website: <https://www.hhs.nd.gov/healthcare>



## DISCLOSURES

Phone: 1-844-854-4825

OKLAHOMA – Medicaid and CHIP  
Website: <http://www.insureoklahoma.org>  
Phone: 1-888-365-3742

OREGON – Medicaid and CHIP  
Website: <http://healthcare.oregon.gov/Pages/index.aspx>  
Phone: 1-800-699-9075

PENNSYLVANIA – Medicaid and CHIP  
Website: <https://www.pa.gov/en/services/dhs/apply-for-medicaid-health-insurance-premium-payment-program-hipp.html>  
Phone: 1-800-692-7462  
CHIP Website: Children's Health Insurance Program (CHIP) (pa.gov)  
CHIP Phone: 1-800-986-KIDS (5437)

RHODE ISLAND – Medicaid and CHIP  
Website: <http://www.eohhs.ri.gov/>  
Phone: 1-855-697-4347, or  
401-462-0311 (Direct Rite Share Line)

SOUTH CAROLINA – Medicaid  
Website: <https://www.scdhhs.gov>  
Phone: 1-888-549-0820

SOUTH DAKOTA - Medicaid  
Website: <http://dss.sd.gov>  
Phone: 1-888-828-0059

TEXAS – Medicaid  
Website: Health Insurance Premium Payment (HIPP) Program | Texas Health and Human Services  
Phone: 1-800-440-0493

UTAH – Medicaid and CHIP  
Utah's Premium Partnership for Health Insurance (UPP) Website: <https://medicaid.utah.gov/upp/>  
Email: [upp@utah.gov](mailto:upp@utah.gov)  
Phone: 1-888-222-2542  
Adult Expansion Website: <https://medicaid.utah.gov/expansion/>  
Utah Medicaid Buyout Program Website: <https://medicaid.utah.gov/buyout-program/>  
CHIP Website: <https://chip.utah.gov/>

VERMONT– Medicaid  
Website: Health Insurance Premium Payment (HIPP) Program | Department of Vermont Health Access  
Phone: 1-800-250-8427

VIRGINIA – Medicaid and CHIP

Website: <https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select>  
<https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs>  
Medicaid/CHIP Phone: 1-800-432-5924

WASHINGTON – Medicaid  
Website: <https://www.hca.wa.gov/>  
Phone: 1-800-562-3022

WEST VIRGINIA – Medicaid and CHIP  
Website: <https://dhhr.wv.gov/bms/>  
<http://mywvhipp.com/>  
Medicaid Phone: 304-558-1700  
CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)

WISCONSIN – Medicaid and CHIP  
Website:  
<https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm>  
Phone: 1-800-362-3002

WYOMING – Medicaid  
Website: <https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/>  
Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2024, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration  
[www.dol.gov/agencies/ebsa1-866-444-EBSA \(3272\)](http://www.dol.gov/agencies/ebsa1-866-444-EBSA (3272))

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services [www.cms.hhs.gov1-877-267-2323](http://www.cms.hhs.gov1-877-267-2323), Menu Option 4, Ext. 61565

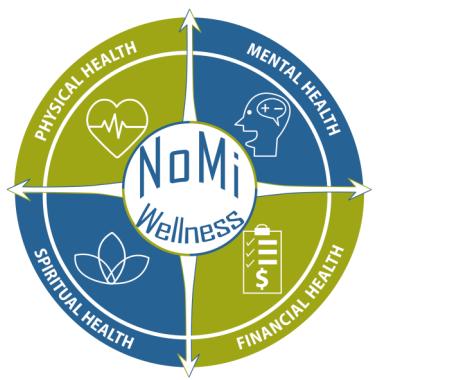
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According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid

OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email [ebsa.opr@dol.gov](mailto:ebsa.opr@dol.gov) and reference the OMB Control Number 1210-0137.

OMB Control Number 1210-0137  
(expires 1/31/2026)



This benefit summary provides selected highlights of the employee benefits program available. It is not a legal document and shall not be construed as a guarantee of benefits nor of continued employment. All benefit plans are governed by master policies, contracts and plan documents. Any discrepancies between any information provided through this summary and the actual terms of such policies, contracts and plan documents shall be governed by the terms of such policies, contracts and plan documents. Our company reserves the right to amend, suspend or terminate any benefit plan, in whole or in part, at any time. The authority to make such changes rests with the Plan Administrator.

**The City of North Miami  
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