

**RESOLUTION NO. 2025-R-138**

**A RESOLUTION OF THE MAYOR AND CITY COUNCIL OF THE CITY OF NORTH MIAMI, FLORIDA, RECOGNIZING THE MONTH OF JUNE AS MEN'S MENTAL HEALTH AWARENESS MONTH; PROVIDING FOR AN EFFECTIVE DATE AND ALL OTHER PURPOSES.**

**WHEREAS**, mental health is increasingly recognized as being as important as physical ailments, and therefore, should be treated as such; and

**WHEREAS**, addressing mental health issues is part of the path forward to creating the healthiest possible community; and

**WHEREAS**, while everyone is at risk of mental health problems, statistics show men disproportionately suffer in silence; and

**WHEREAS**, according to the Anxiety and Depression Association of America, about 10% of all men experience some form of depression, but less than half seek treatment; and

**WHEREAS**, men face many challenges regarding mental health, and there is a distinctly detrimental stigma surrounding how men “should” behave, feel, and communicate. This often leads men to not seek the help they deserve, and

**WHEREAS**, these problems contribute to, and are exacerbated by, other problems that our community faces, such as violence and poverty, and mental health is intertwined with these larger issues; and

**WHEREAS**, Often, heavy male-dominated occupations have negative effects on mental health; and

**WHEREAS**, given that 91% of veterans are men, PTSD and other military-related problems are a significant cause, for example, and

**WHEREAS**, we should foster a culture that listens to and supports men when at their most vulnerable; and


**WHEREAS**, the Mayor and City Council of the City of North Miami hereby declare the month of June to be known and recognized as Men's Mental Health Awareness Month in the City of North Miami.

**NOW, THEREFORE, BE IT DULY RESOLVED BY THE MAYOR AND CITY COUNCIL OF THE CITY OF NORTH MIAMI, FLORIDA:**


**Section 1.**      **Designation.** That the Mayor and City Council of the City of North Miami hereby proclaim the month of June as Men's Mental Health Awareness Month in the City of North Miami.

**Section 2.**      **Effective Date.** This Resolution shall become effective immediately upon adoption.

**PASSED AND ADOPTED** by a 5 - 0 vote of the Mayor and City Council of the City of North Miami, Florida, this 24th day of June, 2025.

  
ALIX DESULME, Ed.D.  
MAYOR

ATTEST:

  
\_\_\_\_\_  
VANESSA JOSEPH, ESQ.  
CITY CLERK

APPROVED AS TO FORM  
AND LEGAL SUFFICIENCY:

  
\_\_\_\_\_  
JEFF P. H. CAZEAU, ESQ.  
CITY ATTORNEY

SPONSORED BY: COUNCILMAN CHARLES

CO-SPONSORED BY: COUNCILWOMAN ESTIMÉ-IRVIN

Moved by: Charles

Seconded by: Estime-Irvin

**Vote:**

Mayor Alix Desulme, Ed.D.

X (Yes)        (No)

Vice Mayor Kassandra Timothe, MPA

X (Yes)        (No)

Councilwoman Mary Estimé-Irvin

X (Yes)        (No)

Councilman Kevin A. Burns

X (Yes)        (No)

Councilman Pierre Frantz Charles, M.Ed.

X (Yes)        (No)