District 4 Residents,

Welcome to the Fall 2018 issue of “D4 In Action,” a quarterly newsletter for constituents of District 4 in the great city of North Miami. Each quarter, I will bring forward important updates, share details about district improvements and share exciting happenings in our community. My primary goal and mission is to improve the quality of life for all residents in District 4.

It is an honor to serve you on the City Council. The hard work during the last few years is evident throughout this newsletter. Turn the page and checkout the latest updates and improvements in our District 4 neighborhoods.

Sincerely,

Councilman Alix Desulme, Ed.D.
City of North Miami, District 4

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Housing Rehabilitation Program

Since 2015, approximately 165 qualified District 4 households have received home rehabilitation grants. Qualified applicants were selected to receive home rehabilitation services such as roof repairs, installation of hurricane impact windows, replacement of exterior doors, driveway improvements, replacement of deteriorated fascia soffits and gutters, exterior painting and minor landscape improvements.

This process is spearheaded by the North Miami Community Planning and Development Department (CP&D). CP&D screens applicant qualifications based on the United States Department of Housing and Urban Development’s guidelines. This grant is a component of my District 4 Home Beautification & Ownership Program (HBO). HBO is designed to improve the community through physical and economic investments with the intent of rehabilitating the exterior façades of homes. For more information, contact the CP&D Office at 305-895-9824.

Applications for the 2019 District 4 Home Improvement Program will be announced soon. Stay tuned!

Paint-it-Proud Program & The Elderly Emergency Repair Grant

In addition to the Housing Rehabilitation Program, the City of North Miami offers help through other initiatives like the Paint-It-Proud Program and the Elderly Emergency Repair Grant. The Paint-It-Proud Program is an initiative of Keep North Miami Beautiful spearheaded by the Clean City Task Force and the North Miami Senior Citizens Foundation. Recently, a local senior citizen’s home in District 4 was selected to provide an outside “facelift” including façade pressure wash, paint, and yard work. The Elderly Emergency Repair Grant is a one-time emergency repair assistance grant for single family detached owner-occupied households up to a maximum of $6,000. Repairs are limited to items that present an immediate danger to life, limb, property or safety of the public or the occupants.
NoMi Golden Silver Senior Program

On September 30, 2015, I alongside my colleagues on the North Miami City Council, unanimously voted to fund a senior program as a part of an age-friendly city initiative. The mission of the NoMi Golden Silver Senior Program is to enhance the quality of life for North Miami seniors, while promoting healthy aging. The program meets twice a week at selected community centers throughout the City. Its purpose is to provide services to increase physical and mental stimulation, prevent isolation and loneliness, encourage socialization and promote healthy eating to elders in our community.

The NoMi Golden Silver Senior Program has a number of activities that keep our participants engaged:

- Wellness & Fitness
- Arts & Crafts
- Educational Workshops
- Blood Pressure & Diabetes Screenings
- Fieldtrips
- Group Games
- Outdoor Activities
- Aerobic Exercise Classes

NoMi Golden Silver Seniors Program participants
Field Trip to Kennedy Space Station in Cape Canaveral, FL.

Annual NoMi Golden Silver Senior Program Luncheon

Senior program participants partaking in monthly wellness & fitness activity.
NoMi Golden Silver Seniors in Action!

NoMi Golden Silver seniors enjoy weekly field trips, informational presentations, social gatherings, crafts and much more. This program aims to improve the livelihood of our aging love ones, by providing comfort, support and extracurricular activities.
District 4 Sidewalk Repair

“In order to beautify a neighborhood, it starts with making an adequate investment in the infrastructure of the neighborhood.”
- Councilman Alix Desulme, Ed.D.
City of North Miami, District 4

District 4 Street Resurfacing

“I have lived on NW 130 Street in District 4 since February, 1990. I am very pleased to walk out of my home today to see the beautiful street improvements that took place this year. To say the least, my block has been transformed by such a mammoth project.”
- Andrea McDonald
A Proud D4 Resident

NorthMiamiFL.gov
D4 Driveway Approach Pilot Program

In February 2018, I launched the District 4 Pilot program to repair driveway approaches throughout District 4. Residents often voiced their concerns of not being able to access their personal driveways because of the deteriorating condition of the concrete pavement in their approaches. In an innovative and collective approach, Public Works Director, Wisler Pierre-Louis, along with City Engineer, Akin Ozaydin and I, were able to resolve the matter. Participating residents were asked to pay $100 toward the cost of labor and service. In exchange, residents received driveway approaches, solving the issue. As of May 2018, a total of 21 residents in District 4 were assisted through this program.

The North Miami City Council approved roadway improvements along NW 130th Street, between NW 10th Avenue and NW 12th Avenue. The project included milling and resurfacing on NW 130th Street, from NW 10th Avenue to NW 12th Avenue. Curb and gutter, valley gutter and on-street parking were added to both sides of the roadway. New trees were also added to beautify the area. Drainage structures were also installed and existing street light fixtures were upgraded. This is the beginning of a number of roadway and streetscape improvements to take place in District 4.

A driveway approach is an area, construction or improvement between the roadway of a public street to a definite area of the private property.
CARDIO SCULPT  Ages 18+
Saturday  •  9:00 - 10:00 a.m.
* Provides a moderate to fast paced aerobic routine that targets the entire body.

MORNING FIT MIX - Part I  Ages 18+
Monday/Wednesday/Friday  •  8:00 - 9:00 a.m.
* A 60 minute cardio fitness class, paired with resistance and strength training.

MORNING FIT MIX - Part II  Ages 18+
Monday/Wednesday/Friday  •  9:00 - 10:00 a.m.
* A 60 minute cardio fitness class, paired with resistance and strength training.

PILATES  Ages 18+
Saturday  •  8:00 - 9:00 a.m.
* Build core strength, coordination, balance, and flexibility. Tone your entire body through a series of mat exercises.

STRENGTH & CONDITIONING TRAINING  Ages 18+
Monday & Wednesday  •  6:00 - 7:00 p.m.
* Designed to shed excess fat while building strength and endurance through the incorporation of circuit training, cardio, core strength training and stretching.

TOTAL BODY CIRCUIT  Ages 18+
Monday & Wednesday  •  7:00 - 8:00 p.m.
* Sculpt and tone routines that isolate specific muscle groups with the incorporation of free weights, kettle bells and more.

ZUMBA  Ages 16+
Monday & Wednesday  •  8:00 - 9:00 p.m.
Thursday & Friday  •  7:00 - 8:00 p.m.
Join this ultimate dance-fitness party.

Walk With Ease  Ages 16+
Monday/Wednesday/Friday  •  8:00 - 10:00 a.m.
December 1 - January 29
Register on-site.

*Bring your own fitness mat and towel.

Contact the Joe Celestin Center at 305-953-3080 for additional information on fitness classes, youth programs and volunteering.

FACILITY AVAILABILITY/DAYS/TIMES/CLASS SCHEDULES/INSTRUCTORS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

Did you know the City of North Miami offers various activities and classes for children, teens, adult and senior citizens in your area? For more information, call the Parks and Recreation Department at 305-895-9840.

Black History Month 2019 is COMING SOON!
Stay Tuned to NorthMiamiFL.gov/celebrate for details on all upcoming festivities.
Councilman Alix Desulme
IMPROVING THE QUALITY OF LIFE IN D4!