

Sign up for membership and register for programs at the

## JOE CELESTIN CENTER

1525 NW 135 Street | 305.953.3080

### Hours of Operation:

Monday - Friday 8:00 - 12:00 pm & 3:00 - 9:00 pm

Saturday 8:00 am - 2:00 pm & 3:00 - 9:00 pm

Membership includes access to the Gymnasium, Game Room, Computer Lab, Reading Room and Celestin Center Special Programs, and Events.

Members will have access to other amenities offered at the facility.

### Annual Membership Rates

\$70 .....ADULT (18 years of age or older)

\$50 .....YOUTH (13-17 years of age) BIRTH CERTIFICATE REQUIRED

\$40 .....SENIOR (65 years of age and older)

\$170 .....FAMILY GROUP RATE

(2 Adults & 2 Children or 1 Adult & 3 Children - \$15 Each Additional Child)

FREE for Children

(12 and under, accompanied by an adult with current membership)

Daily Entry Rate \$5 DAILY RATE (All Classes)



### Cardio Fit/Strength Training Ages 18+

Designed to enhance heart health and increase endurance through paced interval training.

Monday & Wednesday • 6:00 - 7:00 pm

Tuesday & Thursday • 7:00 - 8:00 pm

### Cardio Sculpt Ages 18+

Burn calories with cardio warm ups, aerobics, body sculpting, abdominal and cool down exercises.

Saturday • 9:00 - 10:00 am

\*Bring your own fitness mat and towel

### Pilates Ages 18+

This unique workout builds core strength, coordination, balance, and flexibility through a series of mat exercises, toning your entire body.

Saturday • 8:00 - 9:00 am

\*Bring your own fitness mat and towel

### Total Body Circuit Ages 18+

Circuit routines will assist in toning and sculpting the entire body while isolating and training muscle groups, incorporating free weights, kettle bells and more.

Monday & Wednesday • 7:00 - 8:00 pm

Tuesday & Thursday • 6:00 - 7:00 pm

### Zumba Ages 16+

Let the music free your body! The ultimate dance-fitness party will groove you into shape with certified ZUMBA instructor Sabrina Murgas.

Monday & Wednesday • 8:00 - 9:00 pm

Friday • 7:00 - 8:00 pm

Contact the Joe Celestin Center at 305.953.3080 for additional information on fitness classes, youth programs and volunteering.

\*FACILITY DAYS/TIMES/CLASS SCHEDULES/INSTRUCTORS ARE SUBJECT TO CHANGE WITHOUT NOTICE.





**T A G S**  
TEEN PROGRAM  
**TEENS ACHIEVING GREAT SUCCESS**

**Ages 13 - 18**  
(8th - 12th grade students)

T.A.G.S offers community service opportunities for high school graduation requirements, social and cultural themed events, guest speakers, homework assistance, leadership, and team building activities.  
October 10, 2016 - May 19, 2017 • Monday/Wednesday/Friday 4:00 - 7:00 pm  
\*Admission fee required for select activities  
Program participation waiver must be completed by a parent/guardian.  
Contact Shacora Jackson at 305.953.3080 or via email at sjackson@northmiamifl.gov for additional program and volunteer information.

Contact the Joe Celestin Center at 305.953.3080 for additional information on fitness classes, youth programs and volunteering.  
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