



# JOE CELESTIN CENTER

Sign up for membership and register for programs at the  
**JOE CELESTIN CENTER**

1525 NW 135 Street | 305.953.3080

Hours of Operation

Monday - Friday 8:00 - 11:00 am & 3:00 - 9:00 pm

Saturday 8:00 am - 12:00 pm & 4:00 - 9:00 pm

Membership includes access to the Gymnasium, Game Room, Computer Lab, Reading Room and Celestin Center Special Programs, and Events. Members will have access to other amenities offered at the facility.

### Annual Membership Rates

\$70 ..... ADULT (18 years of age or older)

\$50 ..... YOUTH (13-17 years of age) BIRTH CERTIFICATE REQUIRED

\$40 ..... SENIOR (65 years of age and older)

\$170 ..... FAMILY GROUP RATE

(2 Adults & 2 Children or 1 Adult & 3 Children - \$15 Each Additional Child)

FREE for Children

(12 and under, accompanied by an adult with current membership)

Daily Entry Rate \$5 DAILY RATE (All Classes)



August 31, 2015 - May 27, 2016

Monday & Wednesday 4:00 - 7:00 pm

Space is limited!

\*Admission fee required for select activities

Program participation waiver must be completed by a parent/guardian.

Contact Shacora Jackson at 305.953.3080 or via email at [sjackson@northmiamifl.gov](mailto:sjackson@northmiamifl.gov) for additional program and volunteer information.

## CARDIO FIT/STRENGTH TRAINING **Ages 18 - Older**

Designed to enhance heart health and increase endurance through paced interval training.

Monday & Wednesday 6:00 - 8:00 pm

Tuesday & Thursday 6:00 - 8:00 pm

## CARDIO SCULPT **Ages 18 - Older**

Burn calories with cardio warm ups, aerobics, body sculpting, abdominal, floor work, and cool down exercises.

Saturday 9:00 - 10:00 am

\*Bring your own fitness mat and towel

## PILATES **Ages 18 - Older**

This unique workout builds core strength, coordination, balance, and flexibility through a series of mat exercises, toning your entire body.

Saturday 8:00 - 9:00 am

\*Bring your own fitness mat and towel

## TOTAL BODY CIRCUIT **Ages 18 - Older**

Circuit routines will assist in toning and sculpting the entire body while isolating and training muscle groups. Incorporating free weights, kettle bells and more.

Monday & Wednesday 6:00 - 8:00 pm

Tuesday & Thursday 6:00 - 8:00 pm

## ZUMBA **Ages 18 - Older**

Let the music free your body! The ultimate dance-fitness party will groove you into shape with certified ZUMBA instructor Sabrina Murgas Morell.

Wednesday 8:00 - 9:00 pm

Friday 7:00 - 8:00 pm



**Ages 13 - 18**

T.A.G.S offers community service opportunities for high school graduation requirements, social and cultural themed events, guest speakers, homework assistance, leadership, and team building activities.

August 24, 2015 - June 3, 2016

Monday - Friday 4:00 - 7:30 pm

\*Admission fee required for select activities

Program participation waiver must be completed by a parent/guardian.

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Contact the Joe Celestin Center at 305.953.3080 for additional information on fitness classes, youth programs and volunteering.  
FACILITY DAYS/TIMES/CLASS SCHEDULES/INSTRUCTORS ARE SUBJECT TO CHANGE WITHOUT NOTICE.