NORTH MIAMI FLORIDA
Parks and Recreation
It Starts in Parks

Spring Swim lessons

SASSO POOL

$35 Resident / $50 Non-Resident (Per Session)

1100 NW 125 Street

Note: (★) Must have instructor approval.

SESSIONS

Weekdays
Session 1: April 2 - April 12
Session 2: April 16 - April 26
Session 3: April 30 - May 10
Session 4: May 14 - May 24

Weekends
Session 1: April 6 - April 28
Session 2: May 4 - May 26

PRESCHOOL WATER FUN — Ages 3 - 5

This class is geared toward preschool age children emphasizing water adjustment, breath control, floating and basic arm and leg movements. Children will be screened and grouped according to ability.
Birth Certificate is required.
Tuesday-Friday 4:30-5:00 PM
Saturday & Sunday 10:15-10:45 AM

BEGINNER — Ages 6 - 14

This class is designed to allow participants to adjust to the water. Some of the skills taught include prone glide, back float and basic arm and leg movements. Personal safety is stressed throughout the course.
Tuesday-Friday 5:00-5:30 PM
Saturday & Sunday 10:50-11:20 AM

★ADVANCED BEGINNER — Ages 6 - 14

Students will continue to work on skills taught in the Beginner class as well as learn additional swimming strokes, proper technique and basic water safety. This course provides more fundamental work to make your child a safe swimmer. Many of the skills are taught through games and activities.
Saturday & Sunday 11:30 AM-12:00 PM

★INTERMEDIATE — Ages 6 - 14

This class gives students who have successfully completed the Advanced Beginner course the opportunity to perfect strokes, develop good technique and demonstrate prolonged endurance and survival skills in the water.
Saturday & Sunday 11:30 AM-12:00 PM

★ADVANCED — Ages 6 - 14

This class is designed to refine the coordination of strokes. Participants will improve their performance of all strokes and increase their endurance, so they can swim with more ease, efficiency, and power.
Saturday & Sunday 11:30 AM-12:00 PM

ADULT SWIM LESSONS

Learn to swim or to improve your swimming skills.
$4 Residents/ $5 Non-Residents (Classes on-going)
Tuesday, Wednesday, Thursday 5:00-5:30 PM

Birth Certificate required for first time registrants.
Proof of residency required to receive resident rate.

NO REGISTRATION WILL BE TAKEN ON SITE!!
Register at 12300 NE 8 Avenue or on-line at www.northmiamifl.gov/parks.
SPACE IS LIMITED!
For more information, please call 305-895-9840.
DATES AND TIMES ARE SUBJECT TO CHANGE.

northmiamifl.gov/parks

The City of North Miami does not discriminate on the basis of disability in the admission or access to, or treatment or employment in its programs or activities.