



March

Wednesday, 3/31	Arbor Day	10:30 am	Enchanted Forest	FREE
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April

Saturday, 4/3	Spring Egg Hunt	10 am	Enchanted Forest	\$1.00
Saturday, 4/17	Keep North Miami Beautiful - Great American Clean-up	9 am	Enchanted Forest	FREE

May

Monday, 5/18	Haitian Flag Day	_____	TBA	_____
Monday, 5/31	Memorial Day	10 am	Griffing Park	FREE

July

Sunday, 7/4	July 4 th Celebration	TBA	FIU (Biscayne Campus)	FREE
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City of North Miami Parks and Recreation Department receives grant to combat obesity and chronic disease.



The purpose of **ACHIEVE** is to bring together local leaders and stakeholders to build healthier communities by promoting policy, systems, and environmental changes strategies that focus on physical activity, nutrition, tobacco cessation, obesity, diabetes and cardiovascular disease.

ACHIEVE is an innovative approach that brings together all sectors of our community to spur policy change toward prevention of chronic diseases. The **ACHIEVE** approach aims to promote improvements such as increased access to and use of attractive and safe locations for engaging in physical activity; revised school food contracts that include more fruits and vegetables and whole grain foods; and requirements for sidewalks and crossing signals in neighborhoods to make them more pedestrian-friendly, among others.

ACHIEVE fosters collaborative partnerships between city and county health officials, city and county government, local health related coalitions, and other representatives from the school, business, health, and community sectors.

The City of North Miami Parks and Recreation Department applied for this program and were selected after a competitive review process that included hundreds of applications.

The City of North Miami Parks and Recreation Department was one of ten communities selected through the National Recreation and Park Association to advance community leadership in the nation's efforts to prevent chronic diseases and related risk factors through a locally collaborative approach. This approach, called **ACHIEVE** (Action Communities for Health, Innovation and Environmental Change), is supported by the Centers for Disease Control and Prevention (CDC)'s Healthy Communities Program.

HEALTHY PLACES, HEALTHY PEOPLE