



Swimming Lessons

\$30 Res./\$60 Non-Res. per session

PRESCHOOL WATER FUN

Ages 3-5

This class is geared for preschool age children emphasizing water adjustment, breath control, floating and basic arm and leg movements. Children will be screened and grouped according to ability. Proof of age is required.

Monday-Thursday

11:10-11:40 AM or 12:30-1:00 PM or 5:30-6:00 PM

- Session 1: 6/8 - 6/18/09
- Session 2: 6/22 - 7/2/09
- Session 3: 7/6 - 7/16/09
- Session 4: 7/20 - 7/30/09

Saturday & Sunday 11:10-11:40 AM

- Session 1: 6/6 - 6/28/09
- Session 2: 7/11 - 8/2/09
- Session 3: 8/8 - 8/30/09

BEGINNER SWIM LESSONS

Ages 6-14

This class is designed to allow adjustment to the water. Some of the skills taught include prone glide, back float and basic arm and leg movements. Personal safety is stressed throughout the course.

Monday-Thursday 11:50-12:20 PM or 6:15-6:45 PM

- Session 1: 6/8 - 6/18/09
- Session 2: 6/22 - 7/2/09
- Session 3: 7/6 - 7/16/09
- Session 4: 7/20 - 7/30/09

Saturday & Sunday 11:50-12:20 PM

- Session 1: 6/6 - 6/28/09
- Session 2: 7/11 - 8/2/09
- Session 3: 8/8 - 8/30/09

ADVANCED BEGINNER /INTERMEDIATE Ages 6-14

Advanced & Intermediate lessons both require successful completion of the prior level.

Monday-Thursday 11:10-11:40 AM

- Session 1: 6/8 - 6/18/09
- Session 2: 6/22 - 7/2/09
- Session 3: 7/6 - 7/16/09
- Session 4: 7/20 - 7/30/09

ADULT SWIM LESSONS

For adult who want to learn to swim or to improve their swimming skills.

Residents \$3/Non-Residents \$5 (Classes on-going)

Tuesday, Wednesday, Thursday 5:30-6:00pm

TODDLER READINESS

Ages 18-35 months

Our goal is to develop a high comfort level of being in and around the water as well as a readiness to learn how to swim. (NOTE: This course does not teach children to be accomplished swimmers or to survive in the water).

NOTE: Parent or Guardian required in water.

Monday-Thursday 5:00-5:30 PM

- Session 1: 6/8 - 6/18/09
- Session 2: 6/22 - 7/2/09
- Session 3: 7/6 - 7/16/09
- Session 4: 7/20 - 7/30/09

Saturday & Sunday 12:00-12:30 PM

- Session 1: 6/6 - 6/28/09
- Session 2: 7/11 - 8/2/09
- Session 3: 8/8 - 8/30/09

**For more information, call 305-895-9840.
Register on-line at: www.northmiamifl.gov.**

The City of North Miami does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs and activities.

3/2/09

