



NORTH MIAMI
FLORIDA

Parks and Recreation
It Starts in Parks



PILOATES

with Instructor Claudia Zoeller

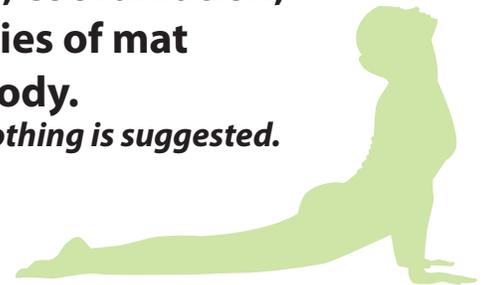
Fridays
7:00 - 8:00 p.m.

\$5.00 per class or
\$24.00 for 6 class session
Session: **January 13 – February 17, 2017**

\$5.00 per class or
\$32.00 for 8 class session
Session: **February 24 – April 21, 2017**
(No Class: 4/14)

GRIFFING
COMMUNITY CENTER
12220 Griffing Boulevard
North Miami, FL 33161
For more information, please call 305-893-3771.

This unique workout builds core strength, coordination, balance and flexibility through a series of mat exercises, toning your entire body.
Bring your own fitness mat, towel and comfortable clothing is suggested.



Griffing Center Activity Registration:

Annual Membership required:
North Miami Residents - FREE • Non-Residents - \$20.00
Proof of residency is required.

YOU MAY REGISTER AT:

Griffing Center, 12220 Griffing Boulevard - 305.893.3771
Payments can be made by cash, cashier's check or money order.
or at

The Parks and Recreation Office, 12300 NE 8 Avenue - 305.895.9840
Payments can be made by credit card, cash, cashier's check or money order.



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NorthMiamiFL.gov/Parks

The City of North Miami does not discriminate on the basis of disability in the admission or access to, or treatment or employment in its programs or activities.