



Parks and Recreation
It Starts in Parks



Griffing Center Activity Registration:

Griffing Center 12220 Griffing Boulevard – 305.893.3771 or
The Parks and Recreation Office 12300 NE 8 Avenue - 305.895.9840

Annual Membership required:

North Miami Residents - **FREE** • Non-Residents - \$20.00

Proof of residency is required.

PILOATES

with Instructor Claudia Zoeller

Fridays
7:00 - 8:00 p.m.

\$5.00 per class or \$32.00 for 8 class session

Sessions:

May 6 - June 24, 2016

(May 6 class will be held on Thursday May 12)

GRIFFING COMMUNITY CENTER

12220 Griffing Boulevard

North Miami, FL 33161

For more information, please call 305-893-3771.

This unique workout builds core strength, coordination, balance and flexibility through a series of mat exercises, toning your entire body.

**Bring your own fitness mat and towel.
Wear comfortable clothing.**

YOU MAY REGISTER AT:

Griffing Center, 12220 Griffing Boulevard - 305.893.3771

Payments can be made by cash, cashier's check or money order.

or at

The Parks and Recreation Office, 12300 NE 8 Avenue - 305.895.9840

Payments can be made by credit card, cash,
cashier's check or money order.



Find us on
Facebook

@nomiparks

**LET'S
MOVE**

AMERICA'S MOVE TO RAISE A
HEALTHIER GENERATION OF KIDS



The City of North Miami does not discriminate on the basis of disability in the admission or access to, or treatment or employment in its programs or activities.